

Recommendation			
Number	Text	STT CDOP Chair	Stockport
0	Date of HWB meeting when report taken		HWBB 29 Jan 2025
1	HWBs to continue their work to address longstanding causes of increased risk of child death; including:		
a	Obesity, particularly in children and women of childbearing age		<p>We have a number of weight management services in Stockport and Public Health and the ICS are currently considering how best to bring these together. The adult tier 2 ABL weight management service is available to Stockport residents aged 18 + with a BMI 25 – 35 kg/m2 (lower BMI eligibility of 23 kg/m2 for: Black-African, African-Caribbean and Asian; and those with other health conditions, such as co-morbidities, including type 2 diabetes.). This is a 12 week behaviour change, diet and exercise programme, comprising of 1-1 support and group programmes.</p> <p>The Tier 3 MoreLife Specialist Weight Management service is open to Stockport registered patients who are aged 18+ with a BMI equal to or more than 35kg/m2. There is an initial 12 week weight management programme with monthly maintenance sessions for up to 12 months. The programme is delivered by a multi-disciplinary team with 1-1 and group support. Whilst getting to a healthy weight before pregnancy is encourage, these services are open to pregnant women and they are a priority group. ABL also provide a family and young persons weight management service for children and young people who live in Stockport or attend a school in Stockport aged 4-17 and who have been identified as overweight or very overweight. This is a 12 week weight management programme.</p>
b	Smoking by pregnant women, partners and household members/visitors		<p>The Smokefree pregnancy programme continues to be delivered in Stockport, to support pregnant smokers in quitting and increase the numbers of babies who experience a smoke free pregnancy. Routine enquiry and carbon monoxide testing supports identification of smokers and offers support. Pregnant smokers are provided with smoking cessation support once a week for 4 weeks and then monthly until 3 completed postnatal months. An incentive scheme is in place. The service provides free nicotine replacement, vape kits and e cigarettes for those that meet the criteria. As part of the swap to stop scheme, free vapes and support are also available for significant others. Stop smoking support during pregnancy is offered through midwifery or if parents prefer through Stockport community ABL service. Support continues after a baby is born through handover with health visiting and further referral into ABL as required if relapse or risk of relapse postnatally. Midwives will see women up to 3 months postnatally to prevent relapse and ensure smoke free environments for babies. We have seen a real improvement in the proportion of mothers smoking at the time of delivery - Annual SATOD rates have decreased from a rate of 7.6 in 22/23 to a rate of 5.8 in 23/24. And the rate from the most recent quarter Apr 24 - June 24 is 4.3%. We have fallen below the 6% national target for the 1st time which is a real achievement. GM has a 4% target by 2028 which is challenging but we heading in the right direction.</p>

c	Parental drug and alcohol abuse		<p>We have a number of substance misuse services in Stockport:</p> <ul style="list-style-type: none"> - SDAS for adults aged 26 and over, provided by Pennine Care NHS Mental Health Trust working with Intuitive Thinking Skills and Acorn Recovery Project. This is a recovery-focussed service covering prevention, early intervention, structured treatment and aftercare. - Mosaic for those aged 25 and below, provided by Stockport Council and part of Stockport Family. This covers the full range of prevention and treatment interventions for individuals and support for families, including children of substance misusing parents. - Stockport continues to be an FDAC area (Family Drug and Alcohol Court) and is leading this work / developing this across other GM areas. FDAC started in Stockport in January 2021 and offers an alternative form of care proceedings. It is a way of supporting parents to overcome the substance misuse, mental health and domestic abuse issues which lead to their children bring at risk of serious harm. There is a multi-disciplinary team who offer intensive support and therapeutic interventions with parents and specialist judges oversee proceedings. - Stockport also has an all-age approach when working with cases at child protection level and above where substance misuse is an issue. Here, parents are supported by the Mosaic. - We also have in-patient detoxification and residential rehabilitation services available to local residents via a panel arrangement which reviews and agrees potential placements. - Work supporting the Alcohol Exposed Pregnancy programme continues with key objectives of raising awareness of FASD (Foetal Alcohol Spectrum Disorder); intervening at pre-conception stage; providing screening, advice and guidance in maternity settings; and developing specialist support. Stockport FT maternity service has an FASD pathway for alcohol exposed pregnancies (AEP). All women are screened for alcohol exposed pregnancy and supported through this with referral to specialist service (MOSAIC) as required. Any person who is pregnant and drinking/taking drugs will be seen as a priority for our drug and alcohol services with same day appointments arranged where feasible.
d	Mental ill health		<p>An Social/Emotional (SE) pathway is being launched in October as part of Start Well week of action. This is a system guide to supporting parent and infant mental health. Midwives and Health Visitors in Stockport provide joint support to antenatal parents through a joint maternity pathway , when maternity safeguarding have identified a family in need of getting help or more help due to mental health issues or a range of other vulnerabilities. Maternal mental health is assessed in pregnancy, and postnatally by midwives and health visitors using validated screening tools (GAD 7/PHQ9) and women requiring specialist support are referred to perinatal mental health services. Women requiring a lower level of support can be referred to primary care and local mental health and wellbeing services. Through Family Hubs and Public Health we are testing a Dads Matters commission , employing a Dads worker to support men's mental health during and after pregnancy. Infant mental health is well supported through a variety of evidence based practice including VIF/ NBO and NBAS and specilaist Infant Parent Service (IPS)</p>

	e Co-sleeping		As a priority of Stockport Safeguarding partnership, keeping vulnerable babies safe working group meet strategically to ensure a system approach to safe sleep, ensuring training for a wide range of health and social care staff, and have developed guidance for the partnership on safe sleep. 7 minute briefings have been designed to support understanding, particularly around nights spent 'out of routine'.
	f Multiple embryo implantation during IVF procedures	A consistent reduction in multiple embryo implantation has been achieved by IVF providers, in part through technology improvements that mean that success rates following a single embryo implantation are high enough to reduce the need to implant multiple embryos. In the 24 months covered by this year's report, no deaths have been linked to multiple embryo implantation. CDOP will continue to maintain an overview of this issue.	
	2 Maternity services should:		
	a Ensure all women are supported to access high quality antenatal care from early in their pregnancies		Pregnancy choices are offered in Stockport including Home Birth and Birth Centre. Delivery suite birth is also available and women have the opportunity for an active birth. A number of additional services are available including antenatal classes, hypno birthing, and specialist midwives for young parents, perinatal mental health , diabetes and others. The Community Midwives and Health Visitors deliver an enhanced maternity pathway for families who require more early help support and plans.

	b Deliver safe, evidence based healthy weight interventions, so that when a woman books with the service and is recorded as not having a healthy weight, she is supported to maintain or - if safe - reduce her BMI		In line with the Healthy Pregnancy pathway introduced in 2022, women are weighed during pregnancy and discuss healthy eating with their midwife. A leaflet is also given out in early pregnancy. A discussion is held, where appropriate, regarding risks of having a raised BMI in pregnancy. Women with a BMI of over 40 are referred for consultant led care and anaesthetic appointment.
3	All CDOP partners should continue working to ensure the robust recording of protected characteristic data in line with the equality act 2010	The CDOP manager and chair have been working with all partners to improve recording of ethnicity data and we are seeing consistent improvements	
4	The CDOP chair should work with CDOP panel members and the STT CDR partners on an ongoing basis. This should include	A regular series of meetings between the three Public Health consultants is in place, with additional members invited as appropriate	
a	Reviewing the draft annual report and agreeing its recommendations	The report being presented today was circulated to the three Directors of Public Health, the three Consultants and all members of the panel as part of the drafting and then approval processes	
b	Providing an update on the actions taken in response to the recommendations in the previous annual report	This document is the update recommended here	

	<p>c Maintaining an awareness of the cases awaiting panel discussion and responding to any challenges and changes within the management of the CDOP process</p>	<p>The 2024 review of capacity suggested that we needed to increase capacity, as detailed in the main CDOP report that accompanies this progress report. This was implemented from the November 2024 meeting onwards.</p>	
<p>5</p>	<p>The data used to compile the annual report should be stored in a consistent format to enable a rolling 5-year lookback review.</p>	<p>This is now in place, and the report being presented today is now drawing on 5 years of data</p>	