

Neighbourhoods & Prevention – Stockport Live Well Update

Report for the One Stockport Health & Care Board

Report of the Executive Director of People and Neighbourhoods

26 March 2025

1. PURPOSE OF THIS REPORT

- 1.1. This report provides an update on Stockport Live Well, our approach to neighbourhoods and prevention, and outlines key areas of focus for 2025/26.
- 1.2. In the last update, we reported on the programme with particular focus on progress made within the One Neighbourhood Approach pillar.
- 1.3. This update will provide information on progress on the programme as a whole including further alignment with key strategies at the national and regional levels. It also provides specific update on the development of a neighbourhood network for each of the seven neighbourhoods. The programme remains focused in its ambitions to deliver happy and healthy lives for everyone in Stockport. More specifically, both the structure and priorities of Stockport Live Well accelerate the delivery of [Greater Manchester's Live Well](#) approach to public service reform and [NHS England's 2025/26 Neighbourhood Health Guidelines](#).

2. Stockport Live Well

2.1. Stockport Live Well is about working in our neighbourhoods, focussing on the strengths and needs of different areas and redesigning the way we work with people in our communities. Ultimately, it is about creating happy and healthy lives for everyone in Stockport.

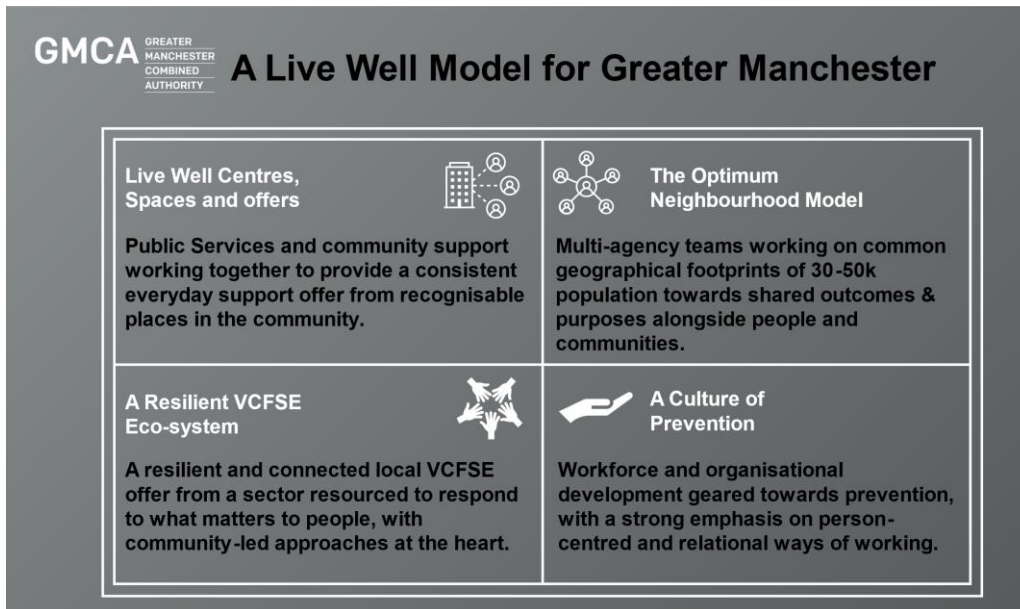


Figure 1 Greater Manchester's Live Well model

- 2.2. With many brilliant foundations to build upon, we are working with our neighbours across Greater Manchester to innovate and designing public services for the future – leading the way nationally. GM's Live Well ambitions are outlined in figure 1.
- 2.3. Stockport Live Well fully compliments the work taking place across Greater Manchester, we are taking our neighbourhoods and prevention programme further, reaching into neighbourhoods so that Stockport is the place where everyone can live happy and healthy lives.
- 2.4. The programme has evolved from being named Neighbourhoods and Prevention to Stockport Live Well to reflect our alignment with the GM approach. The programme is supported by how and where we work – we are in neighbourhoods by design, connecting the brilliant community power that exists across Stockport's communities and maintaining a relentless focus on prevention.
- 2.5. In Stockport, this is being realised through a complementary framework that aspires to deliver:
- **Stockport Live Well centres, bridges, networks and offers** that bring together information, advice and support to make it easier for people to get help, close to home.
 - **Stockport's Neighbourhood Model** that strengthens and amplifies existing neighbourhood working foundations;
 - A whole system focus on **prevention** - helping people early, preventing problems before they escalate.
 - **Growing capacity** in the community and voluntary, community, faith and social enter[prise] (VCFSE) sector, working together through community-led solutions and investment – shifting resources and investment from reactive statutory responses to preventative community work.

- **One Team** - public services working with local people, VCFSE and businesses - reducing hand offs and putting the person at the centre.
- 2.6. The core elements and key projects we have delivered to date are outlined in more detail below.

3. Stockport Live Well Centres, Bridges, Networks and Offer

- 3.1. Stockport Live well centres, bridges and offers will be one of the primary ways that residents will be able to connect to things that help them to live well. Stockport Live Well will include a range of places and offers that work together to support people to thrive by delivering easily accessible and high quality information, advice and support. This will be complimented by a digital offer through the Neighbourhood Directory that we reported on in our [last update](#).

What we've achieved so far

- 3.2. There are resources already in place in each of our neighbourhoods that provide access to help and support to residents, such as libraries, GP surgeries, leisure centres and Family Hubs. Building on this, Stockport Live Well centres, bridges and networks will further coordinate and embed the neighbourhoods and prevention offer in the everyday touchpoints of residents and communities. Since the offer is also built on trust and relationships, and is embedded within communities, people will be able to access the neighbourhoods and prevention offer close to home and without stigma.
- 3.3. **Adult Social Care Local Appointments** - Adult Social Care (ASC) Local Appointments have been designed to take a person-centred approach that builds on assets and strengths to empower people to live independently and meaningfully within their community. ASC Appointments also help us to deliver services and support that focusses on the principles of 'prevent, reduce and delay' (a core requirement of the Care Act, 2014), ultimately providing residents with more timely access to social care professionals and good 'Care Act' conversations close to where they live. This can reduce the need for more costly specialist services and interventions.
- 3.4. *Current focus:* ASC Local Appointments are currently available in some neighbourhoods and we are continuing to embed the offer across the borough so that this will become the default offer for all residents who need access to ASC and any of its core functions. As part of this, we are increasing the number of sites that we deliver our appointments from, with appointments recently becoming available in Brinnington Leisure centre, some of our locality office bases, and Heaton Norris Community Centre.
- 3.5. *Further focus:* to develop links with system-wide initiatives supported by strong professional networks, for example, Primary Care Networks and Area Leadership Teams that provide leadership around a number of priorities including social prescribing; mental health transformation (Living Well); Team Around the Practice; and proactive pathways of care.

- 3.6. **Stockport’s Family Hub and Bridge Network** – Stockport’s network of Family Hubs and bridges are a critical component of neighbourhood working and prevention ambitions to simplify access to support, address needs earlier and reduce demand on costly statutory services. Family Hubs and bridges build on the good work already existing to support families from pregnancy through to young people turning 19 (or up to 25 with SEND) to get the right information, help and support at the right time, built on a platform of trusted relationships.

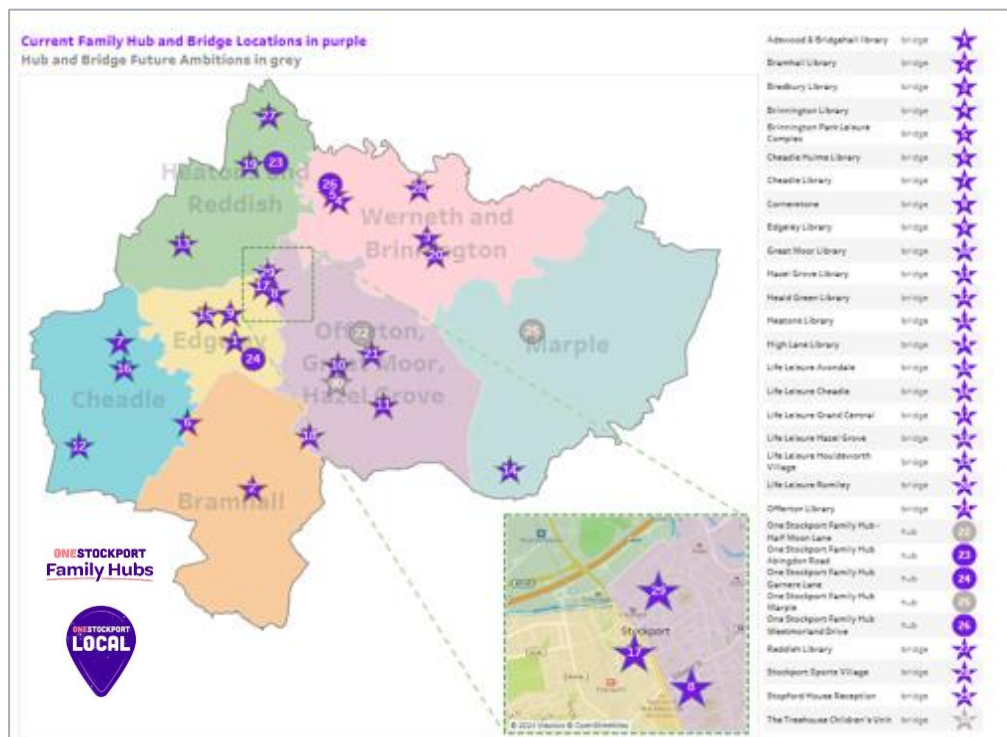


Figure 2 One Stockport Family Hub Network – hub and bridge locations

- 3.7. Residents can access the Stockport Family Hub network through hub and bridge locations in each of our seven neighbourhoods. Fifteen libraries and eight leisure centres across the borough are now Family Hub locations (figure 2). The virtual Family Hub has also launched and is part of the Neighbourhood Directory, providing clear information, easily accessible self-help, and where necessary, an enquiry form to access further guidance.
- 3.8. *Our present focus:* We are working towards the launch of the One Stockport Family Hub in Offerton in early summer 2025. A new hub in Marple is also being planned, with a launch anticipated in 2026. In addition, further training for partners is underway to support Family Hubs and networks.

Next Steps

- 3.9. Work is taking place to develop the offer to include a wide range of services and support from across the One Stockport partnership. A significant part of the offer will be focused on supporting people to be more financially resilient through a suite of anti-poverty projects and initiatives, as well as supporting people in to work through DWP’s WorkWell programme and the GM Trailblazer programme. More generally, the Stockport Live Well offer will support residents with:
- Money, budgeting and benefits

- Day-to-day care needs for themselves or someone they care for
- A wide range of all-age family offers
- Finding the right employment or improving skills
- Linking up with local community groups and organisations to support wellbeing
- Volunteering and getting involved with things happening in their local area
- Housing-related issues or needs.

3.10. Our Family Hub and Bridge work is foundational to Stockport Live Well and is the basis from which we will develop and deliver an all-age offer. Further work is underway to build upon Family Hubs and expand the family-focused offer to an all-age Stockport offer. Family Hubs are also an important part of our approach to neighbourhood coordination. As such the hubs are working closely with our Team Around the Place networks, area leadership teams and senior leaders to develop the neighbourhood leadership and co-ordination model that will further support our neighbourhoods and prevention ambitions (see next section for more detail).

4. Stockport's Neighbourhood Model

4.1. Stockport's Neighbourhood Model amplifies the brilliant foundations for neighbourhood working that already exist across the borough. Crucially, Stockport's neighbourhood model will further coordinate and facilitate effective and efficient multi-disciplinary, multi-agency team working at the neighbourhood level through seven neighbourhood networks that will convene regularly. The first network meetings will take place from spring 2025.

What we've achieved so far

- 4.2. A number of teams and services are already working to neighbourhood footprints, for example:
- Teams Around the Place (TAP), with named TAP captains for each.
 - SMBC Place Management, with specialists and resources shifted to neighbourhood working. This includes wider relationships between Place colleagues and external organisations;
 - Greater Manchester Police have 3 neighbourhoods they are aligned to, and these are congruent with our 7 neighbourhoods;
 - Stockport Family universal health and early help services are aligned to neighbourhood footprints via Family Hubs.
 - Health and Care through Area Leadership Teams and primary care networks are not wholly aligned but are directly linked through named individuals who act as bridges between networks.
- 4.3. Where possible, appropriate teams and services will continue to align to these footprints; however, it is also recognised that the spatial alignment of neighbourhoods will never be perfect. In these cases, we will work collaboratively across the One Stockport partnership to implement a best fit approach or have a named link to help ensure that TAP networks are able to flexibly join up with other networks and organisations and deliver on our collective priorities and ambitions.

Next Steps

4.4. Neighbourhood Networks enhance the brilliant neighbourhood working that is already taking place in our neighbourhoods e.g. Family Hubs, Area Leadership Teams Team around the place. These networks work together to address local priorities, focussing on:

- Supporting community capacity and enhancing power
 - Driving the delivery of Neighbourhood action plans
 - Flex and respond to different areas and needs
 - Play a key role in connecting neighbourhoods to the wider Stockport Live Well programme.
- 4.5. Each network will have a Senior Sponsor and a Neighbourhood Coordinator who provide strategic support and leadership. Additionally, each network will also have co-ordination groups comprised of partner representatives – including a link to Area Leadership teams and Area Committee – who work strategically in neighbourhoods to address local priorities.
- 4.6. Network membership is open to those with a vested interest in that neighbourhood who wishes to join the Stockport Live Well movement. This may include: local VCFSE partners, local businesses, Greater Manchester Police (GMP), council teams (e.g. Libraries, Family Hubs, Adult Social Care, place colleagues, District Centre Managers), Area Leadership Team representatives, social prescribers, Department for Work and Pensions, Fire and Rescue Service, and Elected Members.
- 4.7. Seven Neighbourhood Networks will each have their first of three annual Neighbourhood Network Meetings in April/May 2025. These meetings are co-chaired by one public-sector lead and one VCFSE/community lead and will take place in the neighbourhoods that they serve. The first round of network meetings will be focussed on introducing the Stockport Live Well workforce development sessions, further detailed in section 5 below.
- 4.8. Following the first round of network meetings, networks will focus on creating tailored Neighbourhood Action Plans that identify the priorities of each neighbourhood. As the ‘engine rooms’ for neighbourhood working, networks will convene task and finish groups to address local priorities.

5. Our relentless focus on prevention

- 5.1. Many of our teams and partners already ‘do’ neighbourhood working. Our relentless approach to prevention runs throughout everything we do and shapes how we work.
- 5.2. This programme provides an opportunity to bring our workforce together, including colleagues from public, private and VCFSE sectors, towards collective learning and unlock our collective passion to help Stockport thrive. We are working to bring a further shift towards a culture of prevention and are providing the tools and knowledge to work and engage in the neighbourhood model of working.
- 5.3. At the heart of the workforce programme and the crux to our approach to neighbourhoods and prevention, the Live Well workforce will be supported to deliver person-centred and relational support. This is through an ‘Introduction to Neighbourhood Working’ and ‘Making Every Contact Count’ (MECC) training which all Live Well partners will be able to access.
- 5.4. By supporting a wider Stockport Live Well network to connect and thrive through a system-wide workforce training programme, we are able to extend the reach of neighbourhood working directly into communities. In doing so, we are able to better connect individuals, families and

communities to deliver support, services and opportunities closer to where people live and through people and organisations that they trust.

Next Steps

- 5.5. We are working to deliver our first “Welcome to Live Well” workforce introduction sessions. Each session will be tailored to the neighbourhood where they take place and will also provide attendees with an introduction to MECC. Roll-out will begin during the first Neighbourhood Network Meetings in April/May 2025.
- 5.6. We are also developing a suite of training modules to support our bridges and specialist integrated teams, alongside the borough-wide rollout of “Welcome” sessions, to support partners, businesses, organisations – everyone – across the borough to join the Stockport Live Well movement.

6. VCFSE Collaboration

- 6.1. Stockport is home to a thriving, diverse, talented and passionate Voluntary Community Faith and Social Enterprise (VCFSE) sector. Our commitment to supporting a thriving VCFSE sector is outlined in The One Stockport Borough Plan <https://www.onestockport.co.uk/the-stockport-borough-plan/>, One Future Plan <https://www.onestockport.co.uk/one-future-plan/>, and Stockport’s VCFSE strategy launched last year ([VCFSE+Strategy+2023.pdf \(squarespace.com\)](#)).
- 6.2. Investment and capacity building for the VCFSE sector is a key priority for our neighbourhoods and prevention programme. At its core, this recognises the importance of a resilient and connected community to making people feel at home in their local area. We know that when people face challenges, they look for help and support locally. This often includes seeking support from local VCFSE organisations, who help people to feel connected and included, as well as providing vital information, advice and support as well as care to local spaces.
- 6.3. To support our brilliant VCFSE sector, grow community-led solutions, and shift resources and investment to reactive statutory services to preventative community work, we will be focussing on:
 - The **VCFSE Alliance**, driving the VCFSE strategy;
 - **Social value** – connecting the Stockport pound;
 - **Sector voice and community networks**;
 - **Social enterprise** with Proper Good;
- 6.4. *Our current focus:* ensuring sustainable funding to ensure sufficient capacity and resource within the sector to realise our partnership ambitions. This includes the Stockport Live Well fund, managed through Sector 3, which aims to provide seed funding to strengthen existing VCFSE infrastructure (year 1). The fund provides £100k that small and medium-sized VCFSE organisations can apply to for projects that tackle health inequalities through community-led health and wellbeing initiatives that support healthier, happier and fairer neighbourhoods where everyone can Live Well. There has also been excellent work to utilise Household Support Fund and UKSPF to drive activity locally.
- 6.5. *Our future focus:* To ensure investment empowers local leaders, stimulates growth, enhances infrastructure and fosters innovation to strengthen the community offer.

7. Health & Care Integration

- 7.1. Significant progress has been made towards further delivering integrated and person-centred services. We are building a model of care in which collaborative teams focus on prevention, early intervention and proactive care, supporting people to be healthier, happier and independent in our neighbourhoods. We will ensure that people are supported by the right professionals at the right time and that we are efficiently and effectively using the resources and assets that we have in our communities.
- 7.2. Recently issued [NHS England's Neighbourhood health guidelines 2025/26](#) emphasises the need to move to a neighbourhood health service that will deliver more care at home or closer to home, improve people's access, experience and outcomes, and ensure the sustainability of health and social care delivery. To do this, six core components to a neighbourhood approach are outlined, these are:
- Population Health Management;
 - Neighbourhood Multi-Disciplinary Teams;
 - Urgent neighbourhood services.
 - Integrated Intermediate Care – with a home first approach
 - Modern General Practice
 - Standardising Community Health services.
- 7.3. Together, these areas of work aim to:
- Avoid or slow health deterioration, preventing complications and the onset of additional conditions, and maximising recovery and increase healthy years of life;
 - Streamline access to the right care at the right time;
 - Maximise community services so that better care is provided close to or in people's own homes, reducing emergency department attendances and hospital admissions
 - Reduce avoidable long-term admissions to residential or nursing care homes
 - Reduce health inequalities, supporting equity of access and consistency of service provision
 - Improve people's experience of care, including through increased agency to manage and improve their own health and wellbeing
 - Further join up community care and optimise the use of wider public services including those provided by the VCFSE sector.

7.4. The Stockport Live Well neighbourhood model further enables public services to work together to deliver seamless integrated advice, support and care close to where people live. Our Collaborative Health and Care workstreams are already aligned with the first three of the core components (figure 3).

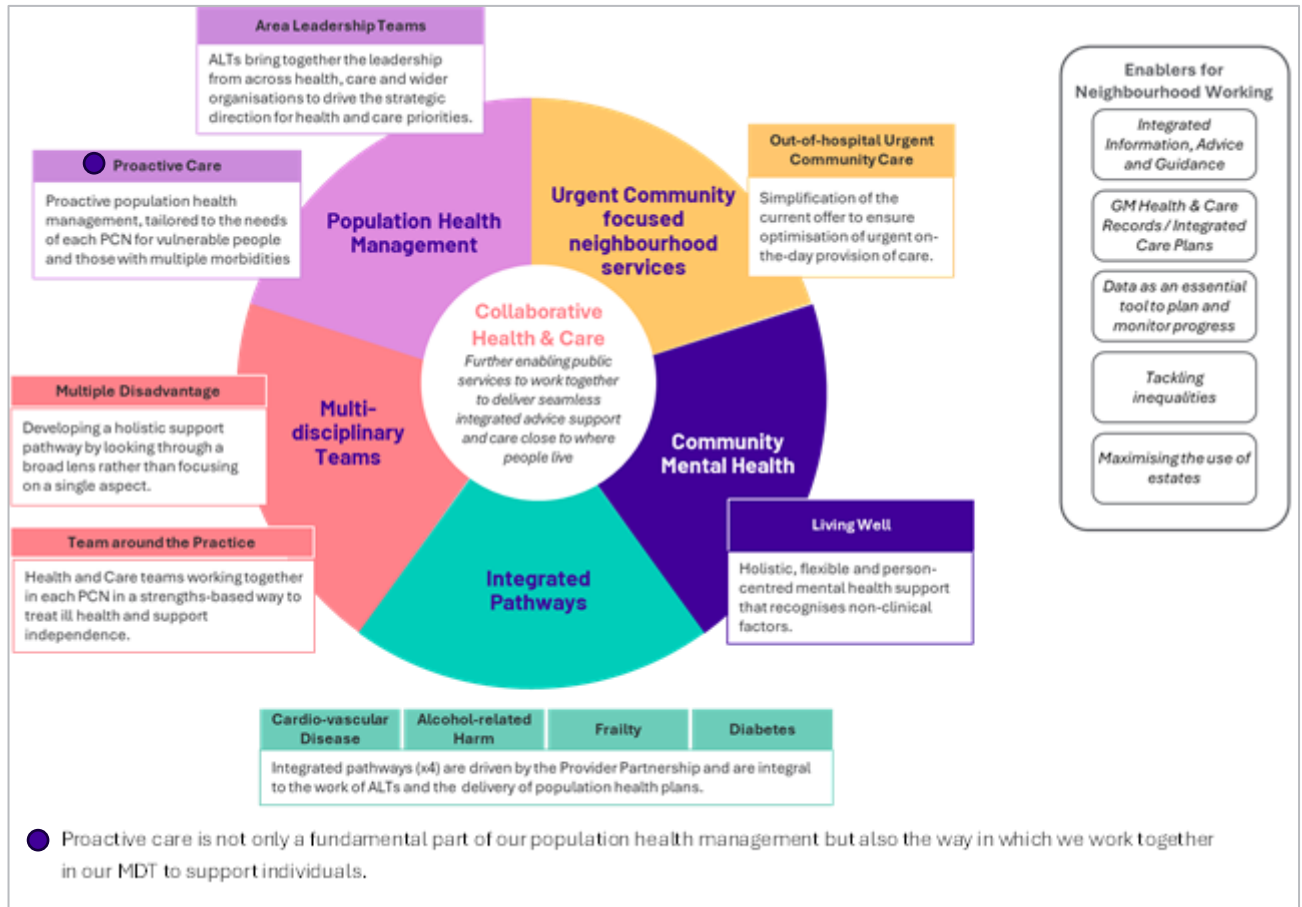


Figure 3 Overview of the Collaborative Health & Care pillar

7.5. The work on the final three components (Integrated Intermediate Care Services, Modern General Practice and Standardising Community Health) is currently being progressed outside of the Stockport Live Well Programme:

- The development of the new St Thomas’ facility is supporting us to develop an integrated model for intermediate care, building on our current Home First Ethos.
- Progress on delivering the Modern General Practice and standardising Community Health Services commenced in April 2024 as part of the primary care network access improvement programme and NHS Greater Manchester community services review.
- As we work through the NHS guidance, we will ensure that we are able to deliver against the requirements for 2025/26 whilst aligning our work to the long term vision set out in One Stockport One Future – Best Health and Care.

What we’ve achieved so far

7.6. **Population Health Management** – Area leadership teams (ALTs) bring together partners in health and care and the wider system, focussing on prevention, early intervention and supporting independence in our neighbourhoods. ALTs bring together the leadership from the local area

across health, social care and the third sector organisations to drive change in the neighbourhood. ALTs are responsible for:

- Co-designing, connecting and driving the implementation of PCN population health plans. Population health plans are based on a range of evidence including neighbourhood profiles and NHS intelligence.
- Identifying and understanding the needs of the local population using an evidence-based approach and planning to meet these needs.
- Championing and leading integrated working in the neighbourhood through the Team Around the Practice.
- Designing and embedding a proactive care approach for people living with multi-morbidities, vulnerable groups and/or complex needs.
- Building relationships with wider local partners and community assets to meet local needs.

7.7. Area Leadership Teams are convened using Primary Care Network geography (given below). Each ALT and Team Around the Place network has a named link that ensures that activity is linked up and progresses collaboratively for each neighbourhood and PCN area.

- Bramhall & Cheadle Hulme PCN
- Cheadle PCN
- Heaton Group Network PCN
- Stockport East & South PCN
- Tame Valley PCN
- Victoria PCN

7.8. **Neighbourhood Multi-Disciplinary Teams** – Our Team Around the Practice approach brings together health and care teams, working together as part of a multi-disciplinary team (MDT) in a strengths-based way to support independence and treat ill health. We recognise that to successfully deliver a model of proactive care for Stockport that we need to adapt the approach to meet the diverse needs of each of our neighbourhoods. This ensures that alongside the population health plans that we are able to focus on local priority need.

7.9. Our provider partnership has identified four key priorities to address some of our most pressing local health issues: frailty, diabetes, cardiovascular disease and alcohol-related harm. Integrated pathways of care are being driven by our provider partnership, scaling up or down support depending on neighbourhood and population need. Informed by our population health plans, our Area Leadership Teams are proactive in the development and delivery of these integrated pathways and ensure that they are aligned to Greater Manchester initiatives.

7.10. **Multiple Disadvantage** – The Care Act 2014 requires us to ensure that individuals experiencing multiple disadvantage receive holistic, person centred support that upholds their rights and dignity. Our vision is to create a unified inclusive system for people facing multiple disadvantage. This will be achieved through strong partnerships, simplifying access and removing barriers.

7.11. Thus far, we have focused on the development and launch of our partnership Making Every Adult Matter Hub, using the principles: Build, Explore, Learn, Act. The launch and embedding of the MEAM hub will enable us to provide holistic support for people facing multiple disadvantage to ensure existing pathways and support are focused on bringing the best outcomes for people.

7.12. **Urgent Neighbourhood Services** – We are also reviewing and redesigning same-day urgent care in communities for our most vulnerable residents. This approach will optimise urgent on the day provision by simplifying our current offer to ensure that people receive the best possible

outcomes, at the point that they are identified as having an urgent need. Aligned with national guidance, we are working towards the implementation of improved care co-ordination.

- 7.13. To help us to progress with our out of hospital urgent community response, we are working as part of a National NHS England programme to look at the way that we deliver urgent neighbourhood services. Stockport have been selected to participate in the A-TED (alternatives to emergency department) programme to undertake a collaborative piece of work to implement the improvement tool in our locality healthcare system. This will support us to ensure that we have the right services in place, with the right access for people and professionals to support the delivery of urgent neighbourhood services. We will conclude the five phases set out within the A-TED programme, building on the work completed already on phases one, two and three, as well as our directory of services which will help ensure full integrated of the Stockport system.
- 7.14. **Living Well** – Stockport Living Well model has been developed as an approach to helping people achieve good mental health in their community by bringing together primary, secondary and the Voluntary, Community, Faith and Social Enterprise (VCFSE) services together and putting people's strengths and lived experience at the centre of care and support. The model has been designed to help adults, including younger and older adults with complex mental health needs, recover and stay well as part of their community by creating a connected front door to community, mental health and practical support. The living well model aims to:
- Improve the accessibility, quality and impact of care and support for people
 - Empower individuals to manage their mental health
 - Involves peoples lived experience in shaping services
 - Connect services and work together with local groups and volunteer services.

Next Steps

- 7.15. We continue to ensure that our programme of work is aligned to national guidance, regional initiatives (GM Live Well) and best practice. There are regular meetings in place for our ALT's, bringing together leads from all partners to deliver against their population health plans and develop a model of proactive care that is focused on local priority need and tackles inequalities. Within our integrated pathways we have delivered a number of locality wide workshops and deep dive analysis; we are also aligning our work to Greater Manchester population health, and Long-Term Conditions programmes.
- 7.16. We will also undertake a reorientation of resources to ensure that we are able to work at pace for delivery of the core components in each neighbourhood across the borough following the publication of the 2025/26 NHSE Guidance. We will continue to develop the maturity of our Area Leadership Teams and to embed a consistent triumvirate leadership approach and model of proactive care. We will continue to deliver the priorities set out in our population health plans and reshape our pathways based on data and analytics to inform local decision making. We are planning a retrospective session to reflect on the integrated pathways agreed by the Provider Partnership to understand successes and challenges, and to learn how we can further develop partnership working to benefit our residents. We will focus on ensuring that our integrated pathways are person centred and supported by evidence-based practice. We will continue to monitor and evaluate the impact of the outcomes for individuals.

8. NEXT STEPS FOR THE PROGRAMME

- 8.1. We will continue to develop Stockport Live Well, working in partnership to identify the core information, advice and service offers which are important for and most effective within neighbourhoods. This will include good communication with alongside workforce development to support culture change towards system wide neighbourhood working.
- 8.2. The delivery of Neighbourhood Networks from April 2025 will further enable a shift from council-led services to a partnership-wide approach. This is a fundamental ambition and crucial to the long-term sustainability of this approach.
- 8.3. As the programme matures and evolves, activity will be further coordinated and facilitating collaboration across the breadth of the Stockport Live Well programme. The anticipated changes will bring a sharper focus on the development of key pieces of the programme, especially the refinement of Stockport Live Well centres, bridges and offer, Neighbourhood Networks, the workforce and culture induction programme, and the development of additional intelligence and diagnostic tools to drive neighbourhood level decision-making.

Anyone requiring further information can contact Carolyn Anderson
carolyn.anderson@stockport.gov.uk