

Stockport CAN Seed Fund Application

Application number c15e6b88

Group name	Make Build Grow C.I.C.
Group description	Our vision is to create a colourful community where everyone feels like they belong. We do this by offering creative art and upcycling workshops to marginalised groups of people from our workshop space (called 'MakeGood' in the Cheadle Heath area of Stockport). We have created a space that is inclusive, accepting, colourful and kind and we spread this kindness out into the community.
Funding requested	£600
Amount requested per ward	£600 from Cheadle East & Cheadle Hume North
Proposal details	<p>We aim to spread kindness through growing vegetables and herbs in Cheadle heath. Through recent conversations with community members we feel that opportunities for community growing could be transformational.</p> <p>We will put a trough under our Make Good shop front, as well as a large planter and raised bed on our land to the side of our space next to our garage on Kingsland Road.</p> <p>We have a group of volunteers to plant, grow and share their skills and produce with the community.</p> <p>Project spend: £50 being spent on tools, gloves and equipment £245 on planters/troughs £185 on peat free compost £120 on seeds and plants</p>
How will proposal tackle climate change and / or increase biodiversity	Growing more plants in urban areas is an environmentally friendly way to start improving air quality. It gives options for people to grow their own environmentally sound, healthy, locally sourced food to supplement the buying of produce from retail outlets, saving local people money and the act of community growing will provide recreational opportunities that encourage connection, increase skills, provide positive activities, decrease isolation and lead to improved confidence and self-esteem.
How many people will benefit from proposal	100
Who will benefit from proposal	The idea is to get our community growing, giving and helping. Getting your hands in soil makes you feel good as does giving back. We have a women's group we support who would like to get things started. They will feel pride and a sense of achievement. They will learn new skills and they will then be able to share these skills further, with their families with our teen group and with our wider community on our open days. The planters will look attractive and we will also feed our community.