



Ward Flexibility Funding Application Form

Thank you for your interest in Stockport Council's Ward Flexibility Fund. To give your group the best chance of success please read the guidance notes and the questions on the application form carefully.

Please ensure that all boxes on this form are completed. You must also include all additional information that is requested.

1. About Your Organisation

1. Name of Organisation/ Group

Become United

2. Organisation/Individual Address

19 Era Mill Drive, Rochdale, OL11 1RA

3. Main Contact Details (for correspondence)

Title:

Name:

Role: Trustee

Address:

Postcode:

Home Phone Number:

Mobile Phone Number:

Email Address:

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Democratic Services
Town Hall, Stockport SK1 3XE
democratic.services@stockport.gov.uk

4. Please provide your bank account details

Account Name:

Account Number:

Sort Code:

5. What is the status of your Organisation/ Group?

Please Tick

- | | | | |
|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|
| A New Group | <input type="checkbox"/> | Voluntary Organisation | <input type="checkbox"/> |
| A Registered Charity
No. 1204327 | <input checked="" type="checkbox"/> | Company Limited by Guarantee
No. | <input type="checkbox"/> |
| Applying for Charitable Status | <input type="checkbox"/> | Unregistered Association | <input type="checkbox"/> |
| Friendly Society | <input type="checkbox"/> | Other (Please specify) | <input type="checkbox"/> |
| Housing Association | <input type="checkbox"/> | | |

6. Please describe the main activities of your Organisation/ Group

Become United is a dynamic and inclusive organisation dedicated to empowering individuals and communities in Greater Manchester. Our main activities revolve around providing a variety of support services, workshops, and programs aimed at addressing the needs of marginalised and disadvantaged individuals. We offer a wide range of activities, including educational sessions, skills development programs, wellness workshops, and community engagement initiatives. Through our dedicated team of professionals and volunteers, we strive to create a positive and nurturing environment where individuals can access resources, build essential skills, and develop a sense of belonging. We actively collaborate with local authorities, community partners, and stakeholders to deliver impactful and sustainable programs that promote social inclusion, personal growth, and community cohesion.

we are based in Rochdale, but want to emphasise that we serve young people across Greater Manchester. While our office is in Rochdale, we regularly partner with organisations, schools, and youth programs in Stockport to provide our wellbeing and empowerment programs. We have experience facilitating workshops for teens in several Stockport wards over the past year, and have developed strong relationships with community stakeholders in the area. We have done a blood awareness project in Stockport with Stockport Race Equality Partnership, Angolo Association and SLEP.

7. When was your Organisation/Group established?

June 2022

8. Does your organisation have the following policies and procedures in place?

If you are awarded a grant you will be required to send copies of all relevant documents as part of the grant agreement.

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- A governance/management committee
- A Constitution/governing document/set of rules
- An Equal Opportunities Policy
- A Child Protection Policy (where necessary)
- A Health and Safety Public liability

2. About Your Application

9. Please give us a brief description of your proposed/planned project or activity

You may wish to include details of what activities will take place, where will it happen, how often and who will take part. If you are applying for equipment you can tell us what will it be used for and why is it needed.

Become United is planning to organise a series of six teen girls and women wellbeing sessions over a six-week period. These sessions will provide a safe and supportive space for teen girls to explore various aspects of their wellbeing and empower them to make positive choices in their lives. The sessions will cover topics such as self-care, mental health, body positivity, healthy relationships, and personal development. Each session will last for 90 minutes and will take place at a centrally located and accessible venue. The sessions will be facilitated by experienced professionals who specialise in working with teen girls. The aim of these sessions is to foster self-confidence, resilience, and overall wellbeing among the participants.

We have chosen to structure the workshops as a 6-session series based on our experience successfully running similar programs for young women in the past. Through those previous workshops, we found that having six 90-minute sessions allows enough time to create a comfortable cohort experience and fully cover key wellbeing topics in an impactful way. Our typical structure of one session per week for six weeks has proven effective for participant retention and outcomes.

Additionally, in our ongoing youth outreach work across Greater Manchester, we consistently hear from young women about struggles with self-esteem, mental health, relationships, and wanting a supportive community. The need for spaces like our wellbeing workshops is very clear, and the six session format has worked well. By sharing our experience delivering past workshops and highlighting what young women voice needing, we aim to reassure the committee that our program model is needed and carefully designed.

Our decision to establish this project in this specific location stems from our commitment to reach the vibrant BAME community, ensuring easy access and fostering inclusivity. Leveraging strong partnerships with local organisations has enabled us to effectively engage with our targeted audience, amplifying the impact of our initiatives within this unique and dynamic community.

We will collaborate closely with SREP (Stockport and Rochdale Education Partnership) and Heaton Norris Community Centre, two organisations with a strong track record in educational initiatives. This partnership will allow us to tap into their expertise and resources, enhancing the quality and reach of our activities.

Furthermore, we have established connections with Sector3, a local network that supports community initiatives. Leveraging this partnership, we aim to promote our project effectively and engage with a wider audience.

Additionally, we are proud to be a part of the SWAG (Stockport Women's Action Group) Network, which provides a valuable platform for networking, sharing resources, and aligning our efforts with other organisations dedicated to community betterment. These collaborations strengthen our project's foundation and enable us to make a more significant impact in Stockport.

Locations for the sessions:

- Heaton Norris Community Centre (Reddish South).
- Stockport Race Equality Partnership CIC (Brinnington and Stockport Central).

10. Who will benefit from this grant?

e.g. local residents, young people, older people and how?

Teen girls from diverse backgrounds, including those facing socio-economic challenges, will benefit from the wellbeing sessions offered by our grant project. These sessions will specifically target girls aged 14-18 who reside in underprivileged neighborhoods and have limited access to resources and support systems. Many of these girls come from low-income families and face barriers to education, employment, and personal growth.

These girls often experience challenges such as low self-esteem, mental health issues, and a lack of opportunities for personal development. The wellbeing sessions will provide a safe and empowering space for them to address these challenges and develop crucial life skills. Through six interactive workshops, group discussions, and supportive mentorship, they will gain knowledge and tools to enhance their self-worth, resilience, and overall wellbeing.

By targeting this specific group, our project will uplift and empower these teen girls, enabling them to overcome barriers and unlock their full potential. We believe that investing in their wellbeing and personal development will have a positive ripple effect on their lives, families, and communities.

We want to make sure the young women have support to continue their wellbeing journey after the 6 workshop sessions finish. Throughout the program, we will provide information on relevant services and groups in the community that can further support the participants. At the end of the workshop series, we will:

- Provide an information packet to each participant with a tailored list of resources, groups, and services in Stockport where they can continue getting support. This will include contacts for organisations providing mental health assistance, career mentoring, life skills building, and other programs young women may find helpful.
- Connect participants directly with counsellors, youth workers, or other mentors who can provide 1-on-1 guidance.
- Invite participants to join our alumni network, where they can stay connected, attend events, access resources, and continue being part of an empowering community.
- Conduct follow-ups with each participant at 3 months and 6 months after the workshop to check in on their progress and see if further support is needed. Providing ongoing resources and social support will help the young women continue applying what they gained well beyond the 6 sessions.

10(a) How Many Stockport residents will benefit?

60-90 (10-15 per session) we anticipate each young woman will attend just one 6-week workshop series (so 6 sessions total). To clarify, we expect 10-15 participants per workshop series, with a total of 60-90 unique participants across the multiple workshops over the 6 month period. Each participant will attend only one 6-week series, so the funding will allow us to reach 60-90 individual young women residents. I apologise for any confusion caused by the original wording. Please let me know if this breakdown makes sense or if you need any clarification on the expected number of beneficiaries.

10(b) Are there any restrictions on who will benefit from the funding?

No

11. Your Project's Budget

Please provide a breakdown of cost for your project including VAT where applicable and submit any estimates for the purchase of equipment or work to be done.

- Project Manager - £20 p/hour (2 hours per week x 6) = £240
- Venue Hire - £30 per session x 6 = £180
- Sessions (session leader, refreshments) - £75 per session x 6 = £450
- Marketing - £130

11(a) How much will the project/activity cost in total?

£1000

11(b) Tell us about other any other sources of income you have already applied for or raised so far in relation to this project

None.

12. How much are you applying for from the Ward Flexibility Budget?

£1000

12(a) If the amount you are applying for covers only part of the project/activity, then please tell us how do you intend to fund any shortfall?

To fund any shortfall, we will seek additional funding from other sources such as sponsorships, and fundraising activities. We will also explore partnerships with local businesses and organisations to secure in-kind donations or financial contributions.

13. What is the planned timescale for spending this grant?

Start 1st January 2024

Finish 31st March 2024

3. Which Wards are you Applying to?

You may tick more than one box. Please note that no grant of more than £1,000 in totality will ordinarily be made.

Please tell us for each ward you wish to make an application to:-

- (a) how many people will benefit in that ward; and
 (b) what proportion of funding from your overall application you are seeking from each ward.

	Number of beneficiaries	How much funding you are seeking
Bramhall & Cheadle Hulme South Area Committee		
Bramhall North	<input type="checkbox"/>	£
Bramhall South & Woodford	<input type="checkbox"/>	£
Cheadle Hulme South	<input type="checkbox"/>	£
Central Stockport Area Committee		
Brinnington & Stockport Central	<input checked="" type="checkbox"/>	£500
Davenport & Cale Green	<input type="checkbox"/>	£
Edgeley	<input type="checkbox"/>	£
Manor	<input type="checkbox"/>	£
Cheadle Area Committee		
Cheadle East & Cheadle Hulme North	<input type="checkbox"/>	£
Cheadle West & Gatley	<input type="checkbox"/>	£
Heald Green	<input type="checkbox"/>	£
Heatons & Reddish Area Committee		
Heatons North	<input type="checkbox"/>	£
Heatons South	<input type="checkbox"/>	£
Reddish North	<input type="checkbox"/>	£
Reddish South	<input checked="" type="checkbox"/>	£500
Marple Area Committee		
Marple North	<input type="checkbox"/>	£
Marple South & High Lane	<input type="checkbox"/>	£
Stepping Hill Area Committee		
Hazel Grove	<input type="checkbox"/>	£
Norbury & Woodsmoor	<input type="checkbox"/>	£
Offerton	<input type="checkbox"/>	£
Werneth Area Committee		
Bredbury & Woodley	<input type="checkbox"/>	£
Bredbury Green & Romiley	<input type="checkbox"/>	£
Totals		£1000

This total should add up to the figure you provided in **Question 12**



4. Application Checklist and Declaration

1. I am authorised to make this application on behalf of the above organisation
2. I certify that the information contained in this application is correct
3. If the information changes in any way I will inform Democratic Services accordingly.
4. I give permission for Democratic Services to contact my organisation and/or myself by phone, mail or e-mail with information about its activities and funding opportunities.
5. I/ we agree (if required) to attend an Area Committee meeting to explain how the proposal will improve the environmental, economic or social wellbeing of the area and to answer any questions.
6. Our details can be used for promotional purposes should this request be successful
7. I/We will use this grant for the proposed project/activities stated in our application.
8. I/we will not use the grant for any other purpose prior to contacting Democratic Services in order to seek authorisation.
9. I/we will provide appropriate proof of expenditure to Democratic Services, within 12 months from the Grant being made.
10. I/we will highlight the support of the Area Committee in recent publicity material.
11. I/we agree to providing information to assist in the future monitoring of the effectiveness of the funding including reporting back to the Area Committee on how the grant has been spent and what difference it has made.
12. I/we agree that the content of this completed application form and any supplementary information provided may be published on the Council's website and other publications as part of the application process.

Print your name:

Signature:

or if submitted electronically tick this box to signify your agreement to the above terms

Date: 22/11/2023

Return to:
Democratic Services
Town Hall, Stockport SK1 3XE
democratic.services@stockport.gov.uk