

REPORT TO: Adult Social Care and Health Scrutiny Committee

DATE: 7th September 2023

REPORT OF: Director of Public Health

REPORT TITLE: One Stockport Mental Health and Wellbeing Strategy

1. INTRODUCTION AND PURPOSE

- 1.1. The One Stockport Mental Health & Wellbeing Strategy has now been signed off at Locality Board and launched on the One Stockport website.
- 1.2. The strategy sets out five ambitions for the next seven years to 2030. A large part of the work will focus on improving the local mental health support for those in need, particularly those affected by serious mental illnesses. But the work will also promote people's mental wellbeing, and preventing some mental health problems from developing or getting worse.
- 1.3. The Strategy came to Adult Social Care and Health Scrutiny in draft and feedback received has been incorporated into the final version.

2. STRATEGIC CONTEXT

- The engagement on our draft strategy framework involved several specific workshops with partners from voluntary, community, and faith sector enterprises (VCFSE), as well as the public sector, a survey of over 1,200 people, and many more meetings with different groups.
- The document brings together key priorities covering the promotion of wellbeing and prevention of mental health problems, through to transforming and improving our local mental health services. The prevention potential is considerable, and the need for compassionate, timely and effective support for those already affected by mental health challenges is no less important.
- This is one of our first and major jointly agreed strategies, in an area which needs all sectors to play their part – from the health and care sector to voluntary and community sector as well as businesses and workplaces, etc.
- Under five major ambitions, the strategy thus identifies immediate actions as well as priorities for further actions, spanning a wide range of delivery partners.
- The strategy is by necessity high level, but it provides the framework for detailed delivery planning to take place within partnership groups.
- Following February Locality Board, as well as Adult Social Care and Health Scrutiny Committee, and Health and Wellbeing Board, we have revised the strategy by bringing in more detail of the emerging delivery plan under each ambition (including outputs, outcomes, and partners), strengthening and simplifying language and style to help engage partners and hearts and minds, and identify high-level ultimate outcomes and measures, as well as additional intermediate measures.

3. RECOMMENDATIONS

The Committee is invited to review the Strategy.

BACKGROUND PAPERS

There are none.

Anyone wishing to discuss the report should contact Jilla Burgess-Allen by email:

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APPENDIX.1 – BOROUGH PLAN PRIORITIES BY SCRUTINY COMMITTEE RESPONSIBILITY

The table below outlines scrutiny responsibility for each Borough Plan priority:

Priority	Communities and Housing	Corporate Resource Management and Governance	Children and Families	Adult Social Care and Health	Economy and Regeneration	Page
One Heart						
A caring and growing Stockport (<i>early years, prevention, education, preparing for adulthood</i>)			X			17
A healthy and happy Stockport (<i>Health, Wellbeing and Adult social care</i>)				X		20
A strong and supportive Stockport (<i>legacy of mutual aid movements, VCSE, kind and innovative communities</i>)	X	X				22
One Home						
A fair and inclusive Stockport (<i>BLM legacy, tackling social exclusion, reducing inequalities</i>)	X	X	X	X	X	26
A flourishing and creative Stockport (<i>housing, parks, leisure and culture</i>)	X				X	29
A sustainable and responsible Stockport (<i>sustainability, proactively addressing climate change</i>)	X	X				32
One Future						
An enterprising and thriving Stockport (<i>Economy and Regeneration - MDC, town centre regeneration, infrastructure</i>)			X	X	X	36
A skilled and confident Stockport (<i>lifelong learning, adult skills, right skills right place, addressing unemployment</i>)		X		X	X	39
A dynamic and digital Stockport (<i>digital infrastructure, digital inclusion, tech-enabled innovation</i>)		X				41