

Scrutiny Review – Cabinet Response Template

Scrutiny Committee: Children and Families Scrutiny

Cllr Holt

Cllr Weeks

Cllr Baynham

Cllr Booth

Cllr Senior

Review title: Supporting Young People's Mental Health and Emotional Wellbeing and Counselling in Schools

Date completed: 14th April 2021

Officer responsible for response: Heidi Shaw

Date response(s) agreed: 14th April 2021

Original Recommendation	Agreed response	Timescale
<p>1. Early Help and universal support is critical to ensuring there is a robust offer of support. There was a clear agreement to continue to develop the early help offer in respect of mental and emotional wellbeing. It is recommended that a robust programme of workforce development for universal and early help staff is commissioned, along with expert supervision and consultation from specialist provision to support the universal and early help sector.</p>	<p>Early Help and support is at the heart of our Children and Young Peoples Strategy and a key pillar of our approach supporting Stockport's vision for children and young people.</p> <p>Our Early Help strategy is part of the delivery arm of this vision with workforce as one of the 5 priorities. Ensuring that a robust programme of workforce development for universal and early help staff is vital. We have a refreshed and developing workforce plan, which includes skills and knowledge to help develop the capability and capacity of our workforce around mental and emotional wellbeing. Some of the key recent developments include rolling out of the Solihull Approach and trauma informed practice as part of the Greater Manchester ambition to become a trauma aware region.</p> <p>We are building on this offer all the time and the Mental Health in Education (MHiE) programme involves a wider offer to our education establishments and VCSE sector.</p> <p>The development of a model that involves expert supervision and consultation from specialist provision does have roots within Stockport Family, with good outcomes. This model is continually being built into the framework for delivering children and family services and offering help at the earliest point possible.</p>	<p>Ongoing</p>

<p>2. Ensure the mental health support offer is understood and reaches all parts of the population is paramount. It is recommended that a programme of awareness raising with regard to the support available to for young people regarding mental health and wellbeing, is undertaken with first steps taken before the end of the academic year (July 2021). This must make specific consideration of reaching all sectors of the community. This could start as a <u>'week of action'</u> with a view to ensuring a programme of ongoing awareness raising across the annual calendar. This should be co-created with young people and the voluntary and community sector key providers (specifically Beacon Counselling and Kooth). It should ensure that, "information includes messages which remove stereotypes and stigma attached to mental health in order to promote active engagement by young people," <i>Scrutiny Review, Children</i></p>	<p>Raising awareness of mental and emotional wellbeing support is critical in ensuring the widest access is available for children and young people at an early point right through to crisis support. The current impact of Covid-19 on children and families health continues to increase as the pandemic reaches new levels.</p> <p>This programme of awareness is on track, with a full range of help and support consolidated into clear information sent out to school age children prior to the summer holidays. Awareness raising has continued to be prioritised at key junctures, such as the start of the new academic year and the festive period.</p> <p>Planning for a specific week of action is underway and will be held 7th – 13th February to link with the national children's mental health week and has input from children and young people, VCSE, education and health. This includes Beacon, Kooth and 42nd Street.</p>	<p>March 2022</p>
---	--	-------------------

<i>and Young People's Participation (March 2021).</i>		
3. Ensure that awareness of the mental health and wellbeing support available, reaches all areas of our community and takes account of the view of young people in the Scrutiny Review into Children and Young People's Participation. It is recommended that Beacon Counselling and the school nurse service, jointly link with the Ethnic Diversity Service and young people representatives in Stockport to maximise the reach of the support and services to young people.	<p>Access to self help and support regarding mental health and wellbeing, for all residents in Stockport is a priority and in particular, in terms of achieving our ambition for children and young people. Beacon Counselling, who are now providing the early help offer around mental health, namely 'SHINE', school nurses and the Ethnic Diversity Service have met and agreed to look at access to their services from diverse communities. They are considering criteria for access, looking at potential barriers and how to address those barriers. This will include looking at the demographics of young people, including ethnicity, but will also include LGBTQ and other characteristics.</p> <p>Beacon work regularly with young people who use the service, looking at key issues young people face, access to services and service development and will continue to do this on an ongoing basis as part of the core service model. The services are now meeting on a regular basis.</p>	March 2022
4. The CAMHS waiting list is of particular note. It is recommended that the CAMHS waiting list progress is incorporated into the dashboards received by the Scrutiny Committee from the next possible date post April	<p>The scorecard/dashboard information provided to the SEND scrutiny group each month, has now been updated with the CAHMS waiting list data.</p> <p>Current reporting includes average waiting times and % waiting <12 / 20+ weeks in the SEND scorecard. Further detailed data will be added to the scorecard/dashboard as we work with Pennine Care Foundation Trust on additional measures.</p>	May 2021

2021.	This scrutiny group includes Cllrs Foster, Wells and McGee.	
<p>5. There is a growing recognition that the mental health workforce is our whole network of family, friends, neighbours, teachers, nurses, early help teams, education services, social workers, voluntary and community sector. There is a strength in this wider network of mental health support. Future service design needs to capitalise on the strength in the wide range of provision and support offer. It is recommended that a review of the current local investment into mental health provision for young people should be undertaken with immediate effect. This should be undertaken in time to meet the commissioning cycle and budget planning of the LA and CCG for 2021/22 implementation. Consideration of local investment in the context of funding for young people's mental health across GM should be made.</p>	<p>The review of current local investment in mental health provision, to maximise the impact of the spend and ensure that we are meeting needs as early as possible is a priority for children's services across the LA and CCG.</p> <p>The Local Transformation Plan (LTP) details the broad work of the Mental Health and Emotional Wellbeing Partnership, and the delivery arm for this element of the Children and Young People's Strategy. The LTP is refreshed each year to focus on local priorities in line with the NHS Long Term Plan, national guidance on delivery, investment and local needs identified through the Joint Strategic Needs Assessment on Children and Young People's Mental Health. We have incorporated all key areas of this scrutiny review into the refreshed LTP for this year and the work on looking at investment has started, with decisions on investment in year already been taken to address certain areas of need.</p> <p>We have a clear oversight of the investment needs for the future and are mapping local provision to meet this investment and these ambitions included in the plan. The full LTP document can be found through the following Link.</p> <p>https://www.stockportccg.nhs.uk/about-us/publications/children-and-young-peoples-mental-health/</p>	March 2022