

## Scrutiny Review Progress Reporting Template

<b>Scrutiny Committee:</b>	SCH
<b>Review title:</b>	Childhood Obesity
<b>Date completed:</b>	April 2005
<b>Officer responsible for response:</b>	N/R
<b>Date response(s) agreed:</b>	N/R
<b>Date of last progress report:</b>	21 November 2006
<b>Date of this progress report:</b>	8 <sup>th</sup> January 2008

The following table lists those actions agreed by the Executive (or other bodies to whom recommendations were made), which, at the date of this progress report are still outstanding. The table shows: the original recommendation made by the Committee, the response agreed by the Executive or other relevant body, what progress had been made the last time progress was reported to the Scrutiny Committee, the current position, and any future action.

Original Recommendation	Agreed response	Last progress report	Current position	Future action
<p>The Panel believes that the Stockport Health Improvement Partnership should focus on the following key actions:</p> <ul style="list-style-type: none"> <li>Develop an understanding of the local problem of childhood obesity, allowing interventions to be targeted and successes to be</li> </ul>	<p>The Panel was keen that as the work develops, the SHIP periodically report progress to the Social Care and Health Scrutiny Committee. It was anticipated that the SHIP will in the first instance seek to build upon the work of the Sub-Groups and the points</p>	<p><b>Progress on producing Action Plan</b> Draft Obesity Action Plan approved by Scrutiny Committee at previous meeting.</p> <p>Interface group has agreed that overall lead on obesity should sit within PCT.</p> <p>Action Plan aims to achieve the PSA target to halt the year on year rise in obesity among children under 11 by 2010 in a context of a broader strategy to tackle obesity in the population as a whole. The approach is to balance targeted work with overweight individuals, with broad preventative work tackling the "obesogenic" environment.</p>	<p>A performance monitoring framework has been put together to monitor the obesity action plan. This comprises a set of key indicators, on which progress is reported to the Public Health Partnership Board at quarterly intervals.</p> <p>Jane Jefferson in PCT and Sarah Newsam in SMBC have been named as obesity leads. Jane Jefferson and DPH Dr Stephen Watkins have produced a section of the Annual Public Health Report on Obesity for the PCT Board.</p>	<p>Obesity Strategy steering group needs to be re-established to be responsible for up-dating the Action Plan.</p> <p>Existing workstreams need to be audited against the NICE Guidance on Obesity (Dec 06).</p>

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<p>measured.</p> <ul style="list-style-type: none"> <li>Develop a strategic long-term approach to tackling childhood overweight and obesity.</li> <li>Clarify how to tackle the problem in the short-term; in particular, by identifying the local structural barriers to exercise and healthy eating, and encouraging high nutritional standards for school meals.</li> </ul> <p>The Panel recommends that, to achieve this, the Stockport Health Improvement Partnership should build upon</p>	<p>made within this report by developing a strategy for tackling childhood obesity. The Panel recommends that a draft strategy be completed and reported back to the Social Care and Health Scrutiny Committee by June 2005.</p> <p>As this report was presented to the SHIP no Executive response is available.</p>	<p><b>Monitoring and Implementation</b> Workstreams progressing via individual agencies (see details below). Current information taken largely from CHD, Diabetes and Stroke monitoring framework.</p> <p><b>Progress on workstreams within Action Plan (relating to childhood obesity)</b>  (Numbers below refer to key tasks in the Action Plan)</p> <p><b>Key Aim 1: Understanding Extent and Location of Obesity in Stockport</b></p> <p>1ai Requirement to measure BMIs of Year 6 and reception children, fulfilled via PCT school nursing service. School by school baseline measures reported to individual schools for 04/05. <u>05/06 results: Numbers obese as percentage of those measured (results not yet validated)</u> Stockport 11.19% Greater Manchester 13.46%</p> <p>1aii No further systematic measurements of BMI at different ages currently being undertaken.</p>	<p>Data has been collected by School Nurses as a result of the Dept of Health's national programme of Child Measurement, targeting Reception and Year 6 children. 06/07 results show that 10.2% of children are obese, but this cannot be compared with 05/06, as the basis of measurement has changed. However, it still provides a comparison with other areas, and Stockport is amongst the places with the lowest rates in the North West of England.</p> <p>Measurement of adult BMI is being undertaken in GP surgeries as part of the national GP contract Quality and Outcomes Framework, and a local Practice Based Commissioning audit. People identified as overweight or obese (and their</p>	<p>It is hoped to achieve 50% coverage in 2008/9.</p>

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<p>the work of the Action on Obesity Taskforce by developing a strategy to tackle childhood obesity.</p> <p>This draft strategy should be reported to the Social Care and Health Scrutiny Committee at its meeting in June 2005.</p>		<p>1b Childhood Obesity Group established by Warren Heppolette; developing business plan for intervention for obese children.</p> <p><b>Key Aim 2: Preventing Overweight and Obesity in Childhood</b></p> <p>3ai Protocol on obesity in pregnancy produced, by Women’s Unit, Stockport Foundation Trust</p> <p>3aii Maternal and Infant Nutrition Guidelines produced, led by PCT Health Visiting Service.</p> <p>3b LAA Stretch targets on breastfeeding agreed, additional funding identified and Coordinator post advertised.</p> <p>4ai 27 Pre-schools have adopted Healthy Snack Guidelines.</p> <p>4aii 2 seasonal updates are produced each year for Resource file.</p> <p>4b Availability of Teeth and Tummies training extended to all those working with under-11s.</p>	<p>families) will then be in a position to receive the services under development.</p> <p>(See section 6a) Childhood Obesity Group has identified target groups and actions with a broad scope.</p> <p>Breastfeeding coordinator has been recruited, steering group has been established and strategy is in progress.</p>	<p>Childhood Obesity Group will be firming up further actions required, and bidding for resources where possible.</p> <p>Stockport is applying for UNICEF Baby-Friendly status.</p>

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		<p>4c Mini-movers, led by Sports Development (SMBC) has increased number of sessions and numbers attending.</p> <p>5a,b,c National Healthy Schools Programme is in line to meet targets for 06/07, incorporating increased physical activity uptake, expanding range of play provision, increasing walking and cycling to school, and implementing new nutritional guidance on school meals and food in schools.</p> <p>6a Mainstream funding for "Be Active" not available - from 06/07, parent-led voluntary group established, and limited funding secured for Be Active sessions starting January 07. Childhood Obesity Group putting business plan together for proposed intervention, building on Be Active information.</p> <p>7a Benefits of walking promoted through pharmacies in 06/07.</p> <p>7b Play strategy developed 06/07.</p> <p><b>Key Aim 3: Creating and maintaining the conditions for all people to be physically active.</b></p>	<p>Targets for 06/07 have been met and on schedule to meet 07/08 targets for Healthy Schools.</p> <p>The Childhood Obesity Group has researched the evidence for and put together a service proposal/business plan for an intervention targeted at overweight and obese children and their families. Bids have been submitted based on this proposal, and funding has been secured through the Big Lottery Wellbeing project (for Brinnington, Reddish and Offerton), and from Sport England lottery money (for the remainder of Stockport).</p>	<p>Following monitoring and evaluation, future mainstream funding for this intervention needs to be secured. (Lottery money is 3 years; sport England money is 1.3 years).</p>

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		<p>8 &amp; 9 Actions addressing children directly are covered above under Key Aim 2. .</p> <p>8 SPAA and Strategy are addressed above.</p> <p>9 a-i Actions aimed at improving environment and developing services are being addressed through appropriate bidding processes. No specifics to report.</p> <p><b>Key Aim 4: Creating and maintaining the conditions in which people are assisted to make healthy food choices</b></p> <p>10 PCT has small group working on food and nutrition strategy for Stockport.</p> <p>11 Actions addressing children directly are largely covered above under Key Aim 2. Others are detailed below.</p> <p>Actions aimed at improving environment and developing services are being addressed through appropriate bidding processes. Progress so far:</p> <p>11c,e,f,i Successful bid to Children’s Centre funds for extension of Surestart food</p>	<p>Stockport Sport and Physical Activity Alliance Board has been established, and some working criteria developed to bid against Sport England funding.</p> <p>Bids are currently under consideration for Sport England Lottery money (for 1.3 years),, including a bid for extension of the Physical Activity on Referral scheme to cope with increasing referrals for obesity, and for a comprehensive walking for health programme.</p> <p>A Food and Health Strategy has been drafted, a launch event held, and the strategy is out for consultation to end of January 2008. This has been achieved with a wide range of partners including food growers, suppliers, and retailers.</p> <p>Surestart Food and Health work (weaning workshops, cook and taste skills training, etc.) has been incorporated into the Childrens’ Centres core offer.</p>	<p>Physical activity strategy still to be produced, making clear distinction with Sport Strategy.</p> <p>Any successful bids will need supporting with mainstream funding in future, subject to positive evaluations.</p> <p>An action plan and monitoring framework will be developed in 2008/9.</p> <p>Challenge will be to maintain this work at the same level in future as the Childrens’</p>

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		<p>work to Brinnington and Reddish for 06/07.</p> <p>11e – h Schools and school meals service working on new national nutritional guidelines.</p> <p><b>Key Aim 5: Managing Overweight and Obesity through Primary Care</b> 14 Development of care pathway for treatment of obesity in children being addressed by PCT and discussed at Childhood Obesity Group.</p>	<p>Wellbeing bid to Big Lottery includes work on healthy eating for families in Brinnington, Reddish and Offerton.</p> <p>Guidance on food in schools has been released, and Stockport Food in Schools group is working with Solutions SK (main local school meals provider) to implement a wide-ranging programme for supporting healthy food in the whole school day, in conjunction with National Healthy Schools Programme.</p> <p>Food Champions and Food Ambassadors have been appointed, and Stockport is part of a national network building on good practice.</p> <p>The PCT, with partners, is developing a care pathway for weight management for adults and children. A bid has been through the PCT commissioning processes resulting in a service specification for bariatric surgery being developed (which has just gone out for tender), and a weight management coordinator job description (in the process of recruitment). Further work has been undertaken to develop a lifestyle brief intervention service, to signpost people to suitable local services.</p> <p>An adult weight management programme (Keep It Off For Good) for people who have already tried many diets and other sources of support has been developed in line with the available evidence of community based support, and is being evaluated.</p>	<p>Centres are rolled out.</p> <p>Future mainstream funding needs to be secured for this type of work.</p> <p>Schools are being encouraged to join the Million Meals Campaign, to increase uptake of school meals.</p> <p>Primary care weight management services will be developed over the next year, to provide options for adults and children who are overweight.</p> <p>Lifestyle brief intervention service to be launched in Spring '08 by PCT Public Health dept.</p> <p>Further funding will need to be found to support new community-based initiatives and the roll-out of successful services for the growing number of overweight and obese adults and children.</p>

