

1. INTRODUCTION AND PURPOSE OF REPORT

The purpose of this report is to share a final draft of Stockport's **One Health and Care Plan** with Members. The plan has been developed over the course of the past 8 months and is one of a suite of documents that will support the delivery of the One Stockport Borough Plan.

The plan has been developed jointly by Stockport Council, the Clinical Commissioning Group and the Foundation Trust and brings together the Health and Wellbeing Strategy, the Population Health Plan and the Locality Plan into one cohesive document.

2. BACKGROUND

The Health and Care Bill is expected to receive royal assent in April 2022 and at that point, new arrangements in relation to the governance, commissioning and delivery arrangements for health and care services will come into place. The new legislation makes for the establishment of an Integrated Care System (which will be established at a Greater Manchester level) and locally, places an emphasis on collaborative working, local delivery partnerships and locally led solutions.

Stockport's One Health and Care Plan is the blueprint through which these changes will be facilitated locally. The all age plan will support people to start well, live well and age well and will reduce expensive crisis management by bringing together delivery partners to provide a cohesive and integrated response, at the earliest possible stage.

3. THE DEVELOPMENT OF THE PLAN

There are a number of pieces of work that have been used to inform the development of the plan:

3.1 GM CONTEXT: Inequalities Commission and Marmot City Region

In 2019 the UCL Institute of Health Equity (IHE) was invited to work with the Greater Manchester system to establish a Marmot City Region, focussed on reducing health inequalities and inequalities in the social determinants of health. Then, the COVID-19 pandemic arrived, exposing and amplifying inequalities in health and the social determinants of health in Greater Manchester, as in the rest of England. IHE's work with Greater Manchester was reoriented, the aim being to provide evidence of the health inequality challenges the City Region will face post pandemic and to make recommendations to reduce them. The Commission has recently reported a number of key recommendations, which have been considered during the development of the One Health and Care Plan. The "Build Back Fairer" report is attached at Appendix 1.

Alongside this work, the Greater Manchester Inequalities Commission was established to survey the damage done and the inequalities exposed by the COVID-19 pandemic. The Commission's report, "The Next Level: Good Lives for All in Greater Manchester" and recommendations have also been considered in the development of this plan and can be found at Appendix 2.

3.2 LOCAL CONTEXT: Scrutiny Review of Council's Relationship with Health Partners

This timely review was chaired by Councillor Carole McCann and considered the range of health partners the Council works with alongside an outline of the current context across health and social care, including proposals published within the recent Health and Care White Paper.

The review recommendations, which have been incorporated into the Integrated Health and Care Plan, are outlined below:

1. To review **data sharing** and information governance arrangements across partners, ensuring that this **operates in the best interests of residents** as the owners of their personal data and continues to improve.
2. To develop a locality approach within new ICS structures, **ensuring that the needs of local communities can be met**, and they remain **accountable to local people and elected representatives**.
3. To **improve navigation of care pathways for residents**, including consideration of a 'named individual or keyworker' approach which puts the resident first, and ensuring access to records is linked into digital inclusion.
4. To embed a **person centred and asset-based** approach into organisational culture and decision making.
5. To **develop and embed a preventative and early help approach** to reduce health and related inequalities.
6. To ensure a **strong, vibrant, thriving and skilled workforce** through regular and clear communication supported by joint culture, values, training and development opportunities across partner organisations.
7. To review and **commission further research on** evaluating and quantifying value for money and impact of early help and prevention in reducing spend on acute services and improving outcomes for individuals answering the question of **'so what impact has the intervention made'**.

3.3 The Impact of the COVID-19 Pandemic

This work has been developed against a backdrop of an unprecedented international pandemic, which has led to an increase in demand across all our public services. Referrals into safeguarding, mental health and services which support vulnerable people have increased at an exponential rate; potentially uncovering hidden demand, but also picking up new demand. Coupled with on-going austerity measures, the system will buckle, unless widescale, transformational change is

delivered at pace and scale. The NHS reforms and the pandemic have provided the catalyst through which this can happen in equal measure, however equally important is strong leadership, collective acceptance for the need to change and innovation and creativity. The learning that has emerged from the pandemic has started to shift our thinking and the One Health and Care Plan builds on both that and the opportunities that integration brings.

3.4 Benchmarking with other Local Authorities

Work has been undertaken to understand how other local authorities, both within the Greater Manchester family and further afield have developed their plans. Learning from this work has fed into the development of the Plan, in relation to the development of structure and processes and alignment with the broader Integrated Care System.

4. ENGAGEMENT PROCESS

Building on the good practice of existing integrated models, such as Stockport Family, the plan has been developed following extensive engagement with the Stockport workforce, residents, local businesses and our vibrant and diverse VCSFE sector.

The Stockport Borough Plan data analysis told us, in relation to health and care specifically that:

- **Stockport's population is changing**, we have an increasingly culturally diverse community, have an ageing population and Stockport is a popular place for people to relocate and live
- **Stockport has a strong economy**; we are in the top 20 in the UK for productivity growth. We are responding well to new emerging industries. However, as with other areas we face a challenge of unemployment
- We are a **polarised borough** (top 10 in England), with a number of residents living in some of the most affluent and least affluent areas in England
- Stockport's **children generally achieve above average outcomes**, however the most vulnerable and deprived children do not perform or engage as well as their peers across England
- Stockport tends to have **good health outcomes and life expectancy** that have been improving year on year, but our **ageing population will result in health & care challenges in future**

In addition to the extensive Stockport Borough Plan engagement, health and care specific engagement was carried out in the form of staff workshops, discussion sessions with local community groups and an on-line survey - open to people who live and work in Stockport. Almost 1,000 people contributed to this engagement activity, the outputs of which are highlighted in Appendix 3.

This engagement highlighted the following key issues and it is around this, that the One Health and Care Plan has been developed.

- While health in Stockport is generally good, **people are worried of the impact of COVID-19** on their health and wellbeing and on existing **health inequalities**
- **Access** to good quality health services is a top priority for the future
- **Cultural competency is important** for services
- **Mental health is a priority particularly for young people**. Rates of poor wellbeing have almost doubled from pre-pandemic levels
- **Obesity and smoking are on the rise among young people** and key for improving health and reducing inequalities. Behaviours and cost are key barriers to making healthy choices
- **Support for Carers including respite, is a big priority** – Signpost identified 1,000 new carers during the pandemic
- **Wider factors** like employment, education, housing, leisure and green spaces all have an impact on health and vice versa
- **Social isolation** is a major issue for mental wellbeing – even more so since COVID
- We have an **ageing population** which brings opportunities but puts more pressure on health and care services
- **Some people and communities require additional support** such as families with a child with Special Educational Needs and Disabilities, care leavers and older people
- Services need to work together and take a holistic approach to care for an individual.

5. ENGAGEMENT WITH ELECTED MEMBERS

In addition to the extensive external engagement programme and workforce sessions, the draft plan has also been considered at the Health and Wellbeing Board and the Adult Social Care and Health Scrutiny Committee, where the plan was positively received.

6. ONE HEALTH AND CARE PLAN

The One Health and Care Plan can be found at Appendix 4 and is built on the “we will” statements in the Borough Plan as follows:

1. Continue to provide **safe, high quality health and care services** through new system leadership arrangements and a joint improvement plan
2. Radical focus on **early help and prevention** through codesigning a new model, recommissioning key services for 2022 and making the most of digital technology. Including the network of support from friends, family members and the many local community groups and organisations that provide vital care and support within the home
3. Improve **mental health and wellbeing** through development of a joint all age mental health and wellbeing strategy working with communities, schools and businesses

4. Work together to undertake **targeted action on inequalities** through a new population health plan and neighbourhood model that recognises wider factors such as housing, employment and social connectedness
5. Build and retain a **resilient, valued and inclusive health and care workforce** that promotes homegrown talent to create training and employment opportunities for local people and carers through a joint workforce plan
6. Continue our work to be an **Age-Friendly Borough** through our aging well strategy that proactively supports people to age well and remain healthy, active and enjoy a good quality of life
7. Develop the way we deliver Adult Social Care and Health to help the people of Stockport to live their best lives possible. We will continue to embed and develop our operating models which promote **prevention, reablement and a Home First ethos**.

7. LEGAL CONSIDERATIONS

The Health and Care Bill, which is due to receive royal assent in April 2022 introduces Integrated Care Systems-a new way of working which will align local health and care systems, with a focus on the patient and place. The One Health and Care Plan brings together the Health and Wellbeing Strategy, the Population Health Plan and the Locality Plan into one cohesive document; fulfilling the statutory requirements in relation to joint planning, outlined in the Health and Social Care Act 2012.

8. HUMAN RESOURCE IMPACT

There are no immediate direct implications to existing roles and responsibilities, in terms of plan delivery, although a review may be required over time as the workforce adapts and changes to different ways of working.

9. EQUALITIES IMPACT

The impact of COVID-19 on the inequality gap in Stockport cannot be underestimated and the plan has highlighted the need to address these inequalities as a priority.

A dedicated inequalities officer is in the process of being recruited to within the Council; this post will work closely with the Director of Public Health, to ensure that this polarisation is targeted.

An Equality Impact Assessment will be undertaken.

10. ENVIRONMENTAL IMPACT

Feedback from the engagement sessions specifically points to the importance of green spaces in terms of addressing both social isolation/being part of a local community group or project and as a space to undertake physical activity/exercise.

Work will continue to take place across the system to ensure opportunities to maximise the use of green spaces are taken. In particular, the Stockport Social Value Steering Group will work with the Climate Action Now team, planning and housing providers, to ensure that the mental and physical health needs of residents are considered in any infrastructure changes, commissioned services or planning awards.

An Environmental Impact Assessment will be undertaken.

11. CONCLUSIONS

A significant amount of work has gone into developing an integrated health and care plan that is fit for purpose, addresses the needs of our communities and residents and is sustainable and able to meet future demand. We will continue to engage with all our partners throughout the life course of the plan and, with the development of a robust outcomes framework, be able to demonstrate progress made against each of our priorities.

12. RECOMMENDATIONS

1. Members are asked to consider the information attached and provide feedback in relation to the draft One Health and Care Plan, which will come back to the Health and Wellbeing Board for sign off, on 13th October 2021.

13. NEXT STEPS

The steps highlighted below, will take place before the final plan is signed off at the Health and Well Being Board meeting on 13th October.

Alongside this schedule, the Clinical Commissioning Group and the Foundation Trust are also taking the draft plan through their internal governance processes.

Adult Social Care & Health Scrutiny Committee-for information and support	9th September 2021
Cabinet-for support	21st September 2021
Health and Wellbeing Board-for final sign off	13th October 2021
Integrated care system and local governance arrangements established and commence	April 2022

14. BACKGROUND PAPERS

- Draft-One Health and Care Plan
- Engagement Activity and Feedback
- “The Council’s Relationship with Health Partners”-Scrutiny Review

- GM Inequalities Commission Report: The Next Level: Good Lives for All in Greater Manchester
- GM Report “Build Back Fairer” (Marmot)
- ICS Design framework
<https://www.england.nhs.uk/publication/integrated-care-systems-design-framework/>
- [NHS England » Integrating care: Next steps to building strong and effective integrated care systems across England](#)

CONTACT OFFICERS

Kathryn Rees

Geraldine Gerrard

Laura Mercer