

# Refresh of Children and Young People's Mental Health Transformation Plan July 2020

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**Future in Mind:** promoting, protecting and improving children and young people's mental health and wellbeing', was published by the Department of Health and NHSE England in 2015. This set out a national vision for improving children and young people's mental health. 'Future in Mind', required all areas to develop a Local Transformation Plan. Stockport published its plan in early 2016. The plan set out a number of priorities based on 'Future in Mind'. These were as follows:

- Promoting resilience, prevention and early intervention
- Improving access to effective support
- Care for the most vulnerable
- Eating disorders
- Developing the workforce
- Accountability and transparency.

**The NHS Long Term Plan** was published in January 2019. It committed that the NHS will continue to prioritise and develop mental health services for children and young people. Commitments include:

- Further expansion of mental health services for children and young people
- Further expansion of eating disorders services for children and young people
- Further development of crisis care services
- Further development of mental health support in schools and colleges
- Establishment of a new approach to mental health services for 18 – 25 year olds.

This report provides an update on priorities and plans for ensuring delivery of safe, effective and resilient emotional wellbeing and mental health services in Stockport. This report is an update and addition to the Local Transformation Plan and it is not intended that it replaces the original plan.

In mid March 2020 the UK was put into lockdown measures as a result of the Covid 19 Pandemic. Government advice was provided to NHS organisations about operation of services during the Pandemic. The measures have meant that mental health services have had to operate differently.

The Healthy Young Minds Service has continued to operate and has had a particular focus on ensuring the effectiveness of the urgent care pathway. The service has continued to have face to face contact (with use of personal protective equipment) where this is needed. The service has continued to do routine assessments and treatment via telephone or video. The service has also contacted children and their families who are on the caseload to offer a welfare check. The only elements of the service which the service has not been able to offer are QB tests for ADHD and ADOS assessment for Autism.

Referrals into Healthy Young Minds have reduced considerably during the Covid 19 Pandemic, being less than half of the usual number. The reasons for this are complex but school closures and reluctance to seek help as a result of the virus are likely to be a key factors.

Stockport Local Authority and partners have continued to progress work to ensure that the needs of vulnerable children and young people are met via the Covid 19 children and education planning workstream. The Healthy Young Minds Service are represented at this workstream.

As the UK emerges from the Covid 19 pandemic it is expected that there will be a surge in need and demand for mental health services. The exact nature and duration of this increase in demand is hard to predict but it is expected to be especially acute as children and young people return to school. The increased demand is also expected to last for some time, possibly years.

In order to manage this demand it is important that all services work together and focus on early help. Development of a single point of access for emotional wellbeing and mental health services is a key piece of work.

It is also worth noting that the Covid 19 Pandemic has significantly affected delivery of the ambitions outlined at the end of the document. Timescales have been reviewed accordingly.

# JOINT COMMISSIONING OF MENTAL HEALTH SERVICES

In Stockport, our vision is for all children and young people to have the best start in life. We want all children and young people to be safe, happy, prepared for adulthood and able to achieve their goals. We want families to feel supported, confident, resilient and connected to their community.

Our approach to joint commissioning starts with children, young people and their families and puts them at the heart of our approach.

Joint commissioning is where there is shared ownership for improving the lives of children and young people and their families. Partners across education, health and care work with children, young people and their families to agree at a strategic, service and individual level what is needed in an area and how they will work together to commission and deliver it. This means understanding the needs of a population or group and using resources to meet those needs through the planning and buying of services.

In 2019 we refreshed the Joint Strategic Needs Assessment for mental health and emotional wellbeing and will continue to develop this further in 2020.

A joint commissioning group has been established as part of the Special Educational Needs and Disability Improvement Programme. The group has developed a joint commissioning plan. Mental health and emotional wellbeing are at the heart of this plan. The key joint commissioning priorities in relation to mental health and emotional wellbeing are as follows:

- Establishment of a reformed Emotional Wellbeing and Mental Health Partnership
- Development of a Single Point of Access and consideration of self-referral options
- Implementation of an early help partnership offer that is community based and wraps around schools
- Improved access to mental health services
- Improved diagnostic and treatment services for ADHD
- Improved diagnostic pathway for Autism Spectrum Conditions.

Further information about the joint commissioning plan can be found via the link below.

[https://search3.openobjects.com/mediamanager/stockport/fsd/files/send\\_commissioning\\_plan\\_1.pdf](https://search3.openobjects.com/mediamanager/stockport/fsd/files/send_commissioning_plan_1.pdf)

# THE EMOTIONAL WELLBEING AND MENTAL HEALTH PARTNERSHIP (1)

Between 2016 and 2019 planning was led by the local Integrated CAMHS Partnership. In late 2019 it was decided to reconfigure this and establish the Emotional Wellbeing and Mental Health Partnership. The Partnership was established in January 2020 in recognition that Stockport needs to strengthen and widen its approach in this area and ensure a strong focus on emotional wellbeing as well as mental health. The Partnership is a means of driving forward this agenda within Stockport with a particular focus on the Thrive Framework and domains (see pages 8 - 9).

## **Purpose of the Partnership**

The Partnership will provide a forum for partners to work collectively to drive improvements of the local system and services in relation to emotional wellbeing and mental health. The key purposes are outlined below:

1) Work to an agreed vision for Stockport's emotional wellbeing and mental health service provision for young people up to the age of 25. The partnership will review the age parameters further by September 2020.

2) Ensure the development, review and implementation of the Children and Young People's Mental Health Transformation Plan and associated action plans.

3) Establish work streams in relation to key priorities, provide oversight and monitor progress of these work streams. These will change over time but current areas of focus include:

- Single point of access
- Early help
- Mental health in schools
- Parent infant mental health
- Crisis care.

4) Work collaboratively and holistically to manage the overall care and support pathways for children and young people.

5) Review performance in relation to agreed outcomes and quality and be ambitious for our provision.

6) Identify and address the emerging needs of children and young people in provision planning.

7) Respond to and provide innovation in relation to national and GM initiatives.

# THE EMOTIONAL WELLBEING AND MENTAL HEALTH PARTNERSHIP (2)

## Membership of the Partnership

The Partnership is chaired by the Director of Public Health. Membership of the Partnership is still being developed but currently includes the following members:

- Parents and Carers Together (PACT)
- Health Watch
- NHS Stockport Clinical Commissioning Group, commissioning and safeguarding
- Stockport Family (Integrated Children's Service) leads for health, social care and education
- Local Authority, Head of Commissioning
- Principle Educational Psychologist
- Healthy Young Minds (specialist CAMHS) including Associate Director, Consultant Psychiatrist and lead Clinical Psychologist
- Thrive Manager, Pennine Care NHS Foundation Trust
- Local Authority lead for SEND
- Education / head teacher representatives.

## Governance

The Partnership will be ultimately accountable to the Health and Wellbeing Board. The Partnership will report in the first instance to Stockport Family Partnership Board. This will be at an interval of no less than quarterly.

It is recognised that many of the priorities of the Partnership are cross cutting with those of the SEND Improvement planning structure. We will ensure alignment of plans going forward.

The Partnership also recognises the role of the Greater Manchester Health and Social Care Partnership in leading key programmes of work in relation to children and young people's emotional wellbeing and mental health. The Partnership will map Stockport's representation at relevant Greater Manchester planning groups and ensure that Stockport has a presence at these wherever possible. Further information about the Greater Manchester Programmes is provided on 8.

Greater Manchester is now a devolved regional authority. Children and young people's mental health is a key planning priority within Greater Manchester and several pan-region work programmes have been developed. These include:

- A specialist Perinatal Mental Health Service
- Crisis Care Pathway
- Mentally Healthy School's Programme
- Thrive training and development programme
- Greater Manchester Trauma / Resilience Hub
- Establishment of Kooth.com across Greater Manchester – this is a digital emotional wellbeing and mental health service which delivers support and treatment online.

Further detail about these programmes is provided elsewhere in this report.

The Emotional Wellbeing and Mental Health Partnership seeks to work with these programmes and ensure alignment with local planning. Stockport is represented on key Greater Manchester planning groups including the:

- Children's and Maternity Commissioner's Consortium
- Local Transformation Plan Implementation Group
- Children and Young People's Children and Young People's Crisis Care Board
- Mental Health in Schools Group.

Further detail about the Greater Manchester programmes is provided in subsequent sections of this plan.



# THE THRIVE FRAMEWORK (1)

The Stockport Partnership is developing the use of the Thrive framework to assist us in supporting the mental health needs of children, young people, and families. The needs of all families will be considered as part of our plan and are grouped as:

- Thriving: those who need effective prevention and promotion to support their mental health.
- Getting Advice: those who need advice and signposting
- Getting Help: those who need goal focused, short term interventions
- Getting More Help: those who need extensive and specialised goals based help
- Getting Risk Support: those who have not benefitted from or are unable to use help but whom services need to provide support for as they remain a risk.

Stockport’s approach recognises that emotional wellbeing and mental health are hugely influenced by social, economic environmental and individual factors and that a wide treatment and support offer is needed that reflects these multiple influences. Our plan recognises that whilst treatments and healthcare models are needed we also need to grow and explore a wide range of ways of achieving good outcomes for children and young people in Stockport.



Our plan aims to increase the number of people in the community who are thriving and grow our range of support and treatments. We aim to do this in ways that maximises the potential of those who need support and improves their outcomes. We also aim to work with children and young people in ways way which they find engaging.

All developments within Stockport will be underpinned by whole community shared principles of the Thrive framework:

- **Common Language:** using a shared language and understanding across the system
- **Needs-Led:** Approach based on meeting need, not diagnosis or severity.
- **Shared Decision Making:** Voice of children, young people and families is central
- **Proactive Prevention and Promotion:** Enabling the whole community in supporting mental health and wellbeing
- **Partnership Working:** Effective cross-sector working, with shared responsibility, accountability and mutual respect based on the five needs based groupings

- **Outcome-Informed:** Clarity and transparency from outset about children and young people's goals
- **Reducing Stigma:** Ensuring mental health and wellbeing is everyone's business
- **Accessibility:** Advice, help and risk support available in a timely way for the child, young person or family, where they are and in their community.

A key element of our plans to embed the Thrive framework in our planning is flexible interagency working. We aim, where possible, to provide emotional wellbeing and mental health support where the young person is and through trusted practitioners. Healthy Young Minds is extensively involved in supervising the work of other teams in relation to mental health. This includes established relationships with, School Nursing, Family Nurse Partnership, the Local Authority Emotional Wellbeing Team and some special schools.

We are committed to ensuring that the voices of parents and young people are heard in planning of mental health services. Parents and Carers Together (PACT) are represented on the local Emotional Wellbeing and Mental Health Partnership and relevant sub-groups. PACT are also represented at the Stockport SEND Improvement Board.

Following the inspection of SEND services in September 2018, Stockport's SEND Board reviewed ten anonymised case studies and identified key themes. Findings were incorporated into the SEND Improvement Plan. The case studies were also used for professional development by partners.

Stockport CCG and the Local Authority regularly attend a user group for young people with additional needs, including mental health and disability. Group members indicated that their preference was to be engaged via the group rather than attending planning meetings. The group recently surveyed young people about their views of local mental health services. This will be used to inform future planning.

A variety of surveys of parents and young people about their views of mental health services have been conducted recently. The results have been analysed in order to identify themes.

This analysis was presented to the Emotional Wellbeing and Mental Health Partnership in January 2020. For more information see page 14.

The Healthy Young Minds service has developed a user group which meets regularly and is involved in co-production of services. The users group has been instrumental in advising on future service development and design and decor of the space in Healthy Young Minds. Healthy Young Minds have also established a group for parents of children and young people with ADHD.

Stockport CCG commissioned a local Voluntary Sector led project to consult with young people, parents and stakeholders about how they would like to see local mental wellbeing and resilience services developed. The findings have been used to develop a service specification for commissioning a Voluntary Sector led Emotional Wellbeing Service.

One of the key findings of the local area inspection of services for children and young people with Special Educational Needs and Disability (SEND) was that co-production with parents and young people was not

# THE VOICE OF PARENTS AND YOUNG PEOPLE

## (2)

sufficiently well embedded in the local system. Since the inspection a co-production workstream has been established. Stockport's Local Area Co-Production Charter has been co-produced with families, children, young people and health, care and education colleagues. The Charter is about the way we will all work together to create a culture where we will all:

- Be Open and Honest
- Actively Listen
- Value the Lived Experience
- Do What Matters
- Be Accountable and Responsive
- Work Together
- Be Respectful.

You can find more about the co-production charter on Stockport's SEND Local Offer and how we will deliver these co-production values.

<https://stockport.fsd.org.uk/kb5/stockport/fsd/localoffer.page>

The Partnership has also develop a SEND Outcomes Framework in order to assess improvements in outcomes for children and young people with SEND and their families.

We also specifically aim to ensure that the views of looked after children are incorporated into the planning of relevant local initiatives. There is a local Children in Care Council which is led by a group of local young people. This is part of the Youth Participation Council. This group is consulted when planning new services or changes to services. Attendance has been quite low recently and the Local Authority plans to merge the different participation strands in order to improve engagement with children and young people.

A key local initiative is the , "No Wrong Door", programme. This is a multi agency initiative which aims to work with those on the edge of care to prevent them becoming looked after (where possible). The views of young people are fed into the steering group for the programme and used to inform direction.

Stockport Local Authority are also part of the New Belongings project with Coram Voice. The project aims to obtain the voice of care leavers using the 'Your Life Beyond Care' survey to improve leaving care services (includes areas of isolation, emotional well being and mental health).

# JOINT STRATEGIC NEEDS ASSESSMENT (1)

The local Joint Strategic Needs Assessment (JSNA) for children and young people's mental health is currently being refreshed. Preliminary findings are reported here.

It is estimated that 1 in 8 (12.8 %) of 5 – 19 years olds have at least 1 mental health disorder equating to 6430 children and young people in Stockport. If experimental data for 2 – 4 year olds is added it is estimated that there are 7030 children and young people, aged 2 – 19 with a mental health disorder in Stockport.

There are significant gender differences:

- In under 10 year olds mental health disorders are more common in boys
- In 11 – 16 year olds there is no gender difference
- In 17 – 19 year olds mental health disorders are far more common in girls (23.9% vs 10.3%).

National estimates also show that mental health disorders are comparatively:

- Higher in the Lesbian, Gay, Bisexual and Transgender communities
- Higher in white British ethnic groups
- Higher in lower income households

- Higher in children and young people who have had adverse childhood experiences or lived in households where there is family dysfunction.

The table below shows an estimate of the number of children and young people, aged 5 – 19 in Stockport who are likely to have specific mental health conditions.

Mental health condition	
Emotional disorders	4000
Behavioural (or conduct) disorders	2400
Hyperactivity disorders	850
Tics and other less common disorders	430
Autism Spectrum Conditions	610
Eating disorder	200

Data from General Practice indicates that the following are the most commonly seen conditions in children and young people in Stockport:

- Anxiety
- Depression
- ADHD
- Self harm
- Autism Spectrum Conditions
- Severe mental illness.

It is worth noting that anxiety and depression were the most common issues by some margin among the 15-24 age group.

There is national evidence of a rise in the overall rate of mental health disorders in children and young people between 1999 and 2017.

Over the past 3 years there have been 233 admissions to specialist mental health units in 0 – 24 year olds for mental and behavioural disorders. 15 – 24 year olds are the group who are most likely to be admitted. On average there are 150 admissions for self harm each year for children and young people aged under 19 years, increasing to 215 a year when including those aged up to 24 years are included.

In 2019 the Partnership progressed analysis of a range of

surveys of parents and young people about their views of local children and young peoples mental health services.

The key themes identified were as follows:

- Access to services, waiting times and finding the right support at the right time
- The need for mental health support in schools
- Communication from services and between services – difficulties in communication and having to re-tell stories
- The importance of family and friends in supporting around mental health
- Limitations in post 16 services
- Diagnosis – length of time taken and support available during the process
- Mental health treatment.

The Emotional Wellbeing and Mental Health Partnership will use this report to inform its future plans.

Considerable progress has been made on needs assessment in 2019 / 2020. It is acknowledged however that this needs to be developed further especially in relation to vulnerable groups. Further analysis will be progressed by May 2020 and the Partnership will continue to develop this. A summary of available information about the needs of vulnerable children and young people is provided on page 15.

## Vulnerable children and young people

Children and young people with a mental health disorder are more likely than those without one to have experienced certain types of adversity in their lives, like parental separation or financial crisis at home.

The risk of child mental health disorders is estimated as up to six times higher in vulnerable groups of children and young people (e.g. those with a learning disability and / or ASD, children with chronic health problems, looked after children, children in contact with youth justice and in families where parents / carers have a mental health disorder).

Stockport has a particularly high number of looked after children (LAC) who are placed in the area by other Local Authorities. Getting an accurate picture of this is difficult due to inconsistency of notification of start and finish of placements. It is also a fluctuating population. It is estimated that the number varies between 300 and 500 . The majority of these are placed in Stockport by Greater Manchester authorities but a significant number of are placed by Local Authorities outside of Greater Manchester.

It is estimated that there are around 4230 children and young people living in Stockport who act as carers. Stockport Young

Carers Project supports around 350 of these at any one time and there are around 250 new referrals per year.

The table below shows the numbers of children and young with specific vulnerability factors. This represents the most up to date position as at August 2020.

	Numbers
LAC placed in Stockport by Stockport Local Authority	274
LAC placed by Stockport LA in other Local Authority areas	125
Children in need	2056
Care leavers	228
Children and young people with SEND who have an Education, Health and Care Plan	2329
Children and young people with SEND receiving SEN Support	4708

NHS England has set the following standard in relation to access:

*“% of children and young people with a diagnosable mental health condition who receive treatment from an NHS funded community mental health service”.*

NHS England has also set a trajectory for this standard which is shown in the table below alongside the numbers needed to be treated locally to meet the trajectory.

It should be noted that the estimate prevalence of mental health disorders has increased slightly due to new information and Public Health England have provided a new figure for 5 – 17 year olds in with a diagnosable mental health disorder in Stockport (5483). This will be used going forward.

Year	Estimated number of children and young people in Stockport aged 5– 17 with a mental health disorder	NHS England trajectory of % of numbers to be treated	Numbers needed to treat in Stockport in order to meet NHS England trajectory
2016 / 2017	5400	28%	1512
2017 / 2018	5400	30%	1620
2018 / 2019	5400	32%	1728
2019 / 2020	5400	34%	1836
2020 / 2021	5400	35%	1890



It is expected that access data is derived from the Mental Health Services Dataset (MHSDS). Currently not all activity is captured in MHSDS. For example significant numbers of children and young people are treated for ADHD by the Community Paediatric service and this activity is not entered into MHSDS. The table below shows the numbers of children and young people who were recorded as receiving treatment between 2016 and 2019.

Year	Number of 0 – 17 year olds receiving treatment from an NHS funded community mental health service	Target for % of prevalence treated	% treated using 0 – 17 prevalence (5400)
2016 / 2017	1491	28%	27.8%
2017 / 2018	1544	30%	28.6%
2018 / 2019	1728	32%	38.2%

Between April 2019 and January 2020 it is recorded that 2650 children and young people in Stockport received mental health treatment. It is forecast that, in 2019/2020 as a whole, 50% of those with a mental health condition will receive treatment. This significantly exceeds the NHS England target of 34%. It should be noted that this figure still doesn't include data from the Paediatrics service.

Whilst the increase in the % treated is encouraging we are not complacent and we aim to significantly exceed the NHS England targets. We also recognise the very significant challenges with waiting times. We recognise that not all children and young people with a mental health condition will need specialist mental health treatment. Through working in partnership we aspire to provide appropriate support or treatment for all children and young people with mental health disorders who need support.

Stockport CCG monitors 2 waiting times indicators. The performance against these is detailed in the table below.

Indicator	Target	Performance in 16/17 (July to March)	Performance in 17/18	Performance in 18/19	Performance in 19/20
% of children and young people who have their first contact within 12 weeks of referral	95%	73.9%	94.9%	87.9%	95.7%
% of children and young people who commence treatment within 18 weeks of referral	98%	87.9%	97.5%	94%	98.1%

The table above indicates that the service has been meeting its waiting times targets in 2019/2020. It is recognised however that 18 weeks is too long for a child or young person to wait to start treatment. Within Greater Manchester more sophisticated measures of waiting times for access to specialist CAMHS have been developed. These show the following in relation to access to Stockport Healthy Young Minds service in 2019/2020 (April to December):

- The average waiting to first appointment was 9.4 weeks
- The average wait between referral and the second direct appointment was 17.8 weeks
- The average wait between 2<sup>nd</sup> and 3<sup>rd</sup> appointment was 6 weeks.

Stockport's performance against these measures benchmarks poorly within Greater Manchester and we aspire to improve in this area.

Whilst Stockport is performing well in relation to access to specialist mental health services there are very significant challenges in relation to waiting times. A key reason for this is the increase in the number of referrals into Healthy Young Minds. Referrals from 2016 to 2020 are provide in the table below.

Year	2015/16	2017/18	2018/19	2019/20
Number of referrals	2091	2043	3026	3033

It is notable that referrals increased by 48% in 2018/2019 compared with the previous year and remained at a high level in 2019/2020. Increasing referrals to specialist CAMHS are part of a national picture. Locally we feel the reasons include:

- Increased need in some areas
- Increased awareness of mental health
- Limitations in lower level support and an over reliance on the specialist service.

Stockport CCG plans to work with partners to implement a range of programmes to better manage demand in the system and reduce waiting times. These include:

- Further embedding the Thrive Framework within the system
- Re-alignment of the support offer for emotional wellbeing and lower level mental health support
- Development of a single point of access for those requiring additional support for emotional wellbeing or mental health concerns.

# FINANCE AND INVESTMENTS

The table below gives an overview of total spend and investments in children and young people's mental health services 2015 – 2020.

	Year	Value in 000s
Total spend on CAMHS services for 5 – 18 year olds	2015 / 2016	£1,986
<b>CCG investments</b>		
Community access to CAMHS including Community Eating Disorders Service	2016 / 2017	£531
Community access to CAMHS	2018 / 2019	£187
Total CCG Investments		£718
<b>Total spend on CAMHS services for 5 – 18 year olds</b>	<b>2019 / 2020</b>	<b>£2,704</b>

Note that the figures in the table do not include any spend on support for children under 5 and their families.

In response to the COVID-19 national emergency NHSE/I suspended the operational planning process for 2020/21. When the operational planning process for 2020/21 was suspended the CCG's indicative plan was investment in the following services:

- All Age Mental Health Liaison Service – a business case has been approved
- Estates costs for the Community Eating Disorders Service

These planned service investments are being reviewed and prioritised in the context of required Covid19 response and financial regime. Some new services have been put in place to address need in relation to Covid 19. Further consideration will be given to funding of these services as part of the CCGs Covid recovery plan.

As indicated on previous slides the CCG has increased investment in children and young people's mental health services however at the same time referrals have increased by 48%. This has limited the impact of investment and has meant that it is less than it would have been if referrals rates had stayed constant. There have however been some demonstrable areas of impact including:

- More children and young people are receiving treatment from a specialist mental health service
- Improved mental health care for young people aged 16 and 17 - this has allowed the Transition Team to provide additional support to the existing Mental Health Liaison Team offering specialist assessment and consultation to young people attending the Emergency Department, liaison with adult home treatment team and Healthy Minds service and specialist consultation/ triage to all 16 and 17 year olds who are referred to the adult single point of access
- Improved consultation to the care leavers teams which has helped smooth the journey of care leavers into adult mental health services and signpost them to other sources of support - an audit of this work has been carried out which shows that it has been very positively received by staff who are working with care leavers
- Improved interface between Healthy Young Minds and schools with identified schools liaison leads in all secondary schools including independent schools - this has been well used by many schools and has been well perceived but it hasn't reduced referrals to the service
- Roll out of the train the trainer programme to enhance emotional wellbeing and good mental health of children and young people, school staff and local authority workers (the hope programme)
- Improved interface between Healthy Young Minds and the School Nursing Service – mental health practitioners provide supervision to Schools Nurses which enables them to provide effective support to children and young people via their twice weekly clinics in secondary schools
- Healthy Young Minds and the children's community learning disability team have worked together to provide an enhanced offer for children and young people with learning disability in special schools

- Enhanced community and home treatment care for children and young people with eating disorders to provide quicker access to effective help, improve recovery rates and reduce the need for inpatient admissions
- Establishment of a Local Authority led mental health in schools programme which aims to further develop the capacity and capability of the schools workforce in promoting wellbeing and resilience of pupils – as part of this a schools wellbeing strategy has been developed and launched
- Closure of the treatment gap for children aged 3 - 5 years with complex social, emotional and behavioural problems although it should be noted this is a small resource and further alignment with other early years services would be beneficial in order to ensure a multi-agency seamless service for children aged 0 – 5
- Improved support for families (of young children) who have mild to moderate mental health needs via commissioning of a volunteer led home visiting service which aims to promote attachment
- Improved multi-agency working in relation to infant parent mental health and development of a multi-agency Infant Parent Mental Health Pathway
- Enhancing the Werneth and Brinnington project by linking in a mental health practitioner to further understand children and young people's mental health needs for this area and what further training is required by professionals working in Werneth and Brinnington.

Additionally investment by the Greater Manchester Health and Social Care Partnership has had the following impact:

- Improved intensive crisis support for children and young people – this offer is still under development - the service offer can be accessed via NHS 111 and through Healthy Young Minds - it is planned to expand this offer going forward in order to provide an alternative to attending the Emergency Department
- Increased access to specialist perinatal mental health support for women with more severe mental illness.

# WORKFORCE (1)

In 2016 there were 23.8 whole time equivalent (WTE) posts in the Healthy Young Minds service which were commissioned by Stockport CCG. This excludes infant parent mental health capacity. Since then the CCG has commissioned an additional 9 WTE clinical posts in Healthy Young Minds. The CCG commissioned clinical workforce, as at March 2020, has increased to 32.8 WTE. The breakdown of posts is shown in the table below. However it should be noted that 2 posts (the Healthy Young Minds Operational Manager and a Mental Health Practitioner for infant mental health) were previously funded from other sources, which has reduced the impact of the uplift on the team overall. It should also be noted that the Psychological Wellbeing Practitioners are offering a new service so these haven't impacted on the size of the core Healthy Young Minds team. The Healthy Young Minds transitions team is jointly commissioned with Stockport Local Authority. The Local Authority commissions 2 posts. These are additional to the capacity shown in the table below.

Type of staff	CCG commissioned workforce 2016	Additional capacity commissioned by CCG since 2016	CCG commissioned workforce March 2020
Psychiatrist	2.9	0	2.9
Psychologist	4.6	0	4.6
Mental health practitioner	14.3	6.0	20.3
Psychological Wellbeing Practitioner	0	2.0	2.0
Service manager	0	1.0	1.0
Other	2.0	0	2.0
<b>Total</b>	<b>23.8</b>	<b>9.0</b>	<b>32.8</b>

It should be noted that there is a national shortage of trained nurses and psychiatry, which has impacted nationally on recruitment and subsequent retention. Also since the original plan was published in 2016 there has been a significant increase in demand for the Healthy Young Minds service as outlined on page 19. This has meant that although commissioned capacity has increased there remain very significant pressures within the service.

Stockport CCG has commissioned a Community Eating Disorders Service in partnership with 5 other CCGs. The service is delivered by a multi-disciplinary team which includes input from a psychiatrist, a dietician and mental health practitioners. Stockport has also agreed to commission a children and young people's home treatment team in partnership with the other CCGs, which will be operational from April 2020. From a Stockport perspective this will be jointly commissioned with Stockport Local Authority.

The Greater Manchester Health and Social Care Partnership has also commissioned additional elements of the workforce which contributes to local delivery. This includes:

- The Greater Manchester Crisis Care Pathway which includes Rapid Response Teams and Voluntary Sector led safe spaces
- The Greater Manchester Thrive Hub.

The information on workforce on page 23 focusses on the elements commissioned by the CCG but it is acknowledged that there are a large range of services which are commissioned by Stockport Local Authority which contribute significantly to emotional wellbeing and mental health. Examples include, a Looked after Children's offer, schools based mental health services in both primary and secondary schools, the School Nursing Service, the Parenting Team, School Age Plus workers and Mosaic (young people's drug and alcohol service).

Stockport Local Authority has recently reviewed services commissioned via the Direct Schools Grant and plans to realign services to develop a more cohesive early help offer which includes emotional wellbeing services.



Additional to the children's workforce Stockport CCG has also invested in the workforce in relation to Infant Parent Mental Health. This includes the following:

- A 0.6 WTE infant psychology lead
- A full time mental health practitioner whose focus is families of children aged under 5
- A full time mental health practitioner in the Improving Access to Psychological Therapies Team (IAPT)
- An Independent Sector led volunteer home visiting scheme for parents with mild to moderate mental health issues who also have a young child.

Greater Manchester Health and Social Care Partnership has invested in a Specialist Perinatal Mental Health team which works in partnership with local infant parent mental health services to provide support for mothers with severe mental health concerns.

There is a strong multi-agency approach to infant parent mental health in Stockport and significant commitment from other local commissioners and services in relation to workforce. Other workforce elements include:

- A dedicated midwife
- A dedicated health visitor
- A lead social worker and identified locality champions.

Mental health support for vulnerable children and young people is a high priority in all the work which we do locally. Much of the information about this is included in other sections of this plan including the following:

- The voice of parents and young people pages 11 - 12
- JSNA pages 13 - 15
- Special Educational Needs and Disability (SEND) page 30
- Eating disorders page 31 – 32.

This section particularly focusses on support provided for:

- Looked after Children (LAC)
- Children in need
- These who have had adverse childhood experiences
- Young offenders.
- Young carers
- Young people who identify as LGBT
- Care leavers (16-25yrs) .

It focusses on the following:

- The Healthy Young Minds offer
- Local Authority services
- Other services
- Partnership working
- Next steps.

## Healthy Young Minds

Healthy Young Minds employs a full time LAC psychologist. They offer consultations with the wider multi-agency team, offering recommendations to social workers, foster carers and care homes. They also offer direct work with LAC (subject to eligibility), including, assessment, crisis prevention and intervention, Dialectical Behaviour Therapy, trauma based work and play therapy. They work with children placed by Stockport Local Authority and those placed by other Greater Manchester authorities.

Healthy Young Minds also provide services for LAC who are placed in Stockport by non GM local authorities including assessment, formulation, recommendations, medication review, crisis support and assessment and diagnosis of Autism and ADHD.

The service employs a half time mental health practitioner who provides consultation to care leavers teams and liaison with adult mental health services. The service also employs a full time mental health practitioner who works directly with the Youth Offending Service, providing consultation and access to Healthy Young Minds where needed.

## Local Authority Services

Stockport Local Authority employs a part time Clinical Psychologist who co manages their Emotional Health and Wellbeing Team which work predominantly to support the emotional health of our children in care. The Clinical Psychologist provides clinical oversight to all the cases open to the team, clinical supervision, consultation clinics to foster carers as well as staff support and training to our in house residential homes. They are responsible for the service design, delivery, outcomes and service development for the team. This role provides a bridge between HYMS (LAC Psychologist) and partners in Social Care . The psychologist also provides supervising for the new Clinical Psychologist for the No Wrong Door model in Stockport Family.

The Emotional Wellbeing Team comprises of clinical psychologist (2.5fte) and 3 full time social workers who are linked to each linked to localities. The specialist social workers offer consultations to the social care team, systemic assessments, formulations and intervention plans. They work with foster carers, schools and sometimes family members or parents providing direct interventions to carers in the form of reflective sessions, some direct work with children as well offering support to social workers via consultation to plan and carry out life story work.

There is an established complex safeguarding team (Aspire), who work with children and young people open to Children's Social Care who have been or are at risk of being exploited. The team also completes specialist assessments in relation to high risk and complex domestic abuse and supports the locality social work teams in responding to complex safeguarding issues. The team includes specialist social workers who do direct interventions with children and young people. The clinical psychologist also supports the Aspire Team offering consultations, training and staff support via the Trusted Relationships initiative funded by the Home Office across Greater Manchester.

## Other services

Stockport Without Abuse offers safety interventions and advice to young people age 13 years and over who are in abusive relationships or experiencing relationship abuse.

Counselling for children and young people impacted by domestic abuse is provided by Talk, Listen and Change. The service takes referrals for children and young people aged 5 – 18 who have witnessed and / or experienced domestic violence and abuse.

The majority of secondary schools commission school based counselling. There is also a strong school nursing presence in state funded secondary schools (including academies). The service delivers regular clinics which are often the first point of contact for children and young people experiencing emotional wellbeing issues.

The Greater Manchester Trauma / Resilience Hub was established to support children, young people and families who were affected by the terrorist attack in Manchester. Options are being considered to determine the legacy of this highly effective project. These include consideration of an ongoing function to support any child, young person of family who has experienced trauma.

Stockport Local Authority commissions a support group for children and young people who identify as Lesbian, Gay, Bisexual, Transgender or who are questioning their sexuality. The group meets weekly and provides wellbeing activities, peer support and sex and relationships education. It also provides some outreach and education.

The Local Authority and the CCG jointly commissions a well established Young Carers Project which works with young people aged 6 – 25 years who live in the Stockport area. The

service offers age appropriate advice, support and activities to promote wellbeing and provide a break from the caring role.

Pure Insight work in partnership with Beacon Counselling and refer any young care leaver that feels they will benefit from counselling.

## **Partnership working**

Partnership working to support vulnerable children and young people is strong. Some examples of this are given below:

- Stockport CCG ensures that the Safeguarding Children Partnership are sighted on the Transformation Plan
- The Local Authority commissioned psychologist is supervised by Healthy Young Minds
- The Local Authority and Healthy Young Minds psychologists work effectively together
- There is a clear link between Healthy Young Minds and the social care Emotional Wellbeing Team via the Local Authority psychology post
- There are strong links between the School Nursing Team and Healthy Young Minds

- Healthy Young Minds provide a consultation offer to some special schools to advise on Positive Behaviour Support and prevent escalation of mental health crisis
- Healthy Young Minds have established capacity to work within key teams for vulnerable children and young people including the Care Leavers Team and the Youth Offending Service
- Stockport Local Authority fund a psychologist within the No Wrong Door (edge of care) project – this will be delivered in partnership with Healthy Young Minds who will recruit and will clinically supervise the post – the post holder will work closely with other clinical colleagues and to strengthen the offer for vulnerable children on the edge of care.
- The Local Authority Autism Team and Healthy Young Minds work together to provide support for vulnerable children and young people whose mental health needs are escalating
- The “No Wrong Door”, programme is a multi agency initiative which aims to work with those on the edge of care to prevent them becoming looked after (where possible) - mental health input will be included in this initiative and recruitment is underway for a psychologist.

## Next steps

The Greater Manchester specification for specialist CAMHS services includes an outcomes framework but reporting is not disaggregated by vulnerability. As yet we do not have a system wide view of outcomes and indicators in relation to mental health of vulnerable children and young people. This will be a priority for the newly formed Emotional Wellbeing and Mental Health Partnership.

The CCG and Healthy Young Minds recognise that there are limitations in the offer for LAC who are placed in Stockport by areas outside of Greater Manchester. Although significant services are provided for this group ongoing therapeutic support isn't provided. We plan to establish a part time Psychologist to provide support for this group including consultation with children's homes, liaison with the responsible commissioner and direct work with children and young people where needed. We will also scope the need for specialist mental health interventions for this group and identify options for meeting this need

We note that 2 reviews have been conducted recently in Greater Manchester (LAC and children with complex needs). We will work with colleagues in Greater Manchester to implement the recommendations.

In 2018 Stockport was inspected to assess its progress in implementing the Code of Practice for Special Educational Needs and Disability (SEND), 2014. The inspectors commented on a number of strengths locally including a passionate and dedicated frontline workforce. They also found significant weaknesses in the local areas practice and Stockport was required to produce a Written Statement of Action to address these weaknesses.

In the report there were only a few comments specifically about mental health services. These were:

- The enhanced Healthy Young Minds offer to those who have moderate to severe learning disabilities with mental health needs was found to be a strength
- Pathways for 16 - 25 year olds with SEND are not well established - mental health services were mentioned
- Diagnostic pathways for Autism and ADHD post 16 are not fully established.

It is acknowledged that mental health services have a significant role to play in meeting the needs of children and young people with SEND. This is especially the case in relation to ASD, ADHD and Learning Disability.

Since the inspection a SEND Improvement Board has been established with several sub-groups including a joint

commissioning sub-group. Several key priorities in the Written Statement of Action relate to children and young people's mental health. These include:

- Development of a single point of access for mental health
- Improving the diagnostic pathway for children and young people with Autism to streamline the process and ensure timely assessment
- Improving the diagnostic and treatment pathway for ADHD and ensure timely assessment and treatment.

Key achievements in 2019 / 2020 are as follows:

- We have established the Designated Clinical Officer for SEND post in the CCG.
- We have commissioned additional consultant capacity in the Paediatric service to improve timescales for assessment and treatment of ADHD
- We have commissioned a waiting list initiative for assessment and diagnosis of children and young people with Autism to ensure those on the waiting list receive a timely service
- We have established an Autism and ADHD diagnostic and treatment service for those age 16 and above
- We have established a planning workstream to progress development of a Single Point of Access for mental health services.

A pan Greater Manchester Community Eating Disorders (CED) service specification has been developed for implementation from April 2020 onwards. This is in line with national guidance. The three eating disorders services in Greater Manchester are continuing to meet and share learning and expertise to either achieve or maintain the national targets that by 2021:

- 95% of service users classed as urgent being seen within a week
- 95% of service users classed as routine being seen within 4 weeks.

Greater Manchester has been consistently achieving above the national and regional average. There has been a trajectory of improvement across the year.

The Greater Manchester wide CED service specification has been developed to reduce unwarranted variation across Greater Manchester. In order to provide consistency across the three services it is expected that all services have paediatrician and research time included within the core team. It is also expected that they are cognisant of the

recommendations from the transition report, with particular reference to episodes of care not being interrupted solely due to age.

Investment to the Greater Manchester CED Service continues as outlined in the Mental Health Investment Standard and plans are being developed that seek to make effective use of the increased resources for eating disorders under the NHS Long Term Plan. Both services and commissioners are aware that in order to continue to achieve improved access and waiting time that workforce capacity and expansion is required.

Stockport CCG has commissioned a Community Eating Disorders Service in conjunction with 5 other local CCGs. The service has 2 hubs one of which is based in Stockport and provides an intensive support offer in the community in order to reduce hospital stays. This aims to complement and enhance other local community provision. There is evidence that children and young people's hospital admission for eating disorders have declined since establishment of community eating disorder services

The Healthy Young Minds service and Stockport Paediatric Service have embedded the Marsipan Standards, on working with children and young people with eating disorders, into their practice.

Stockport CCG also commissions a community psychology led eating disorders service from a local 3rd sector organisation. This works with people from age 16 years upwards.

Local performance against the national access standards for access to eating disorders services is strong locally. The table opposite shows performance against key standards in 2019 / 2020.

Performance indicator	Stockport performance March to December 2019
95% or urgent cases who start treatment with 1 week of referral	100%
95% or routine cases who start treatment within 4 weeks of referral	97%

The service will need to be reconfigured by March 2021 as one of the areas involved in the joint arrangement plans to commission the service from a different provider from April 2021. In 2020/2021 we will to work with the other 4 commissioners to:

- Reconfigure the service as a result of the change in commissioning arrangements
- To review the current 2 site model
- To further consider transition arrangements
- To consider the recommendation for input of a Paediatrician within the team.



The Greater Manchester crisis care pathway comprises several areas, some of which are new service developments and some which require transformation of existing systems and services.

Four new Rapid Response Teams launched in May 2019 and are now operating 8am to 8pm, 7 days a week, actively supporting young people across all 10 boroughs of Greater Manchester. They provide rapid assessment, de-escalation and brief intervention for young people who are experiencing a mental health crisis and support young people, along with their families, for up to 72 hours.

Whilst being implemented in a phased way, the ambition is to have a 24/7 crisis response from April 2021 and to expand the points of referral over the next 12 months to ensure clear, safe and effective pathways which reach the young people most in need of support.

Also due to be fully operational from April 2021, the Greater Manchester Assessment and Inreach Centre (GMAIC) will provide a single point of access for referrals when a young person needs to be admitted to a general

adolescent or eating disorders bed. GMAIC will undertake access assessments and support effective pathways across all providers in GM. This team forms an integral part of the GM CAMHS lead provider collaborative model.

Three Safe Zones have been opened across GM by a partnership of voluntary, charitable and social enterprise organisations led by The Children's Society. This service provides complementary and ongoing support in a youth-centred, community setting for young people and families who have accessed the rapid response service. There is a longer term ambition to enable open access for certain groups of vulnerable young people who may otherwise present more frequently to A&E.

The next 12 months will see further developments to enhance the inpatient services across the pathway including 3 sites piloting the We Can Talk programme which supports effective working between CAMHS and paediatrics; scoping for a Discharge Coordination Team primarily to support the weekend offer; and a procurement exercise for the independent sector to provide 'crash pads' for young people who require a safe space for immediate risk management and de-escalation.

Locally in Stockport we aim to ensure effective alignment with the Greater Manchester Crisis Care Pathway. There are significant local pressures on crisis care services including on:

- The Healthy Young Minds service
- Stepping Hill Hospitals Emergency Department
- Stockport's acute Paediatrics service.

It is recognised that further work is needed to improve co-ordination of crisis care locally and to ensure alignment with the Greater Manchester Crisis Care pathway. This will include:

- Expansion of Healthy Young Minds Services up to age 18
- Expanding the offer of Healthy Young Minds to extend evening and weekend working
- To improve the interface between Healthy Young Minds and Paediatrics
- To develop the capacity and capability of Stockport's Paediatric service in providing effective care and support for children and young people who are admitted with mental health conditions
- To establish an all age Mental Health Liaison Service which reaches into Stepping Hill Hospital's emergency department

- To improve alignment between all aspects of crisis care delivery
- To ensure alignment between children's and adults crisis care services and ensure effective pathways.

Early Intervention in Psychosis (EIP) teams were introduced across the UK following the publication of the National Service Framework for Mental Health in 1999. The aim of the EIP team is to improve short and long term outcomes for people who present with a first episode of psychosis. There is a wealth of evidence which suggests that outcomes for individuals can be improved by reducing the duration, or length of time, that people experiencing a psychosis are left untreated (Duration of Untreated Psychosis – DUP). The EIP team will provide a multi-disciplinary approach to treating, managing and supporting people who present with a psychosis. A package of care will usually include:

- Care co-ordination
- Medication management
- Review of physical health
- Access to psychological therapies
- Family intervention
- Support to carers
- Vocational (education and employment) support.

The recommended age criteria for the team usually is from 14 years upwards.

The Early Intervention Team for Psychosis in Stockport takes referrals from age 14. However there are a number of children under and above the age of 14 that who are managed and have intensive input from Healthy Young Minds.

In relation to 14 and 15 year olds the service works in partnership and with Healthy Young Minds to provide support and advice with Healthy Young Minds being the lead service. This is because in practice children and young people with early signs of Psychosis often have a complex range of presentations which are best managed by a specialist children's mental health service.

The Healthy Young Minds service offers family therapy. They also have a practitioner who is trained in Cognitive Behaviour Therapy for people with Psychosis and can offer this intervention where needed.

For those aged 16 and over the Early Intervention Team would be the lead service and they offer a full service for people with Psychosis.

Mental health in schools is a high priority for the Partnership. A schools wellbeing event was held in July 2019. We have developed a schools wellbeing strategy and self-assessment and have also developed a template wellbeing policy for schools to adopt.

There are number of local schools based mental health services including Primary Jigsaw and Secondary Jigsaw. A substantive mental health training programme for school's staff is delivered through the Pendlebury unit (a specialist education provision for pupils with mental health concerns).

More wellbeing information has been added to the SEND Local Offer website and this has been publicised in schools.

We have developed School Avoidance and Anxiety guidance and supporting resources for parents / carers and for young people. We have also rolled out training on this to schools. The resources have been shared with all schools and added to the Local Offer website.

Nine schools and a college are participating in Phase 3 of the GM Mentally Healthy Schools programme – receiving training for staff on Mental Health First Aid. Mental Health champions training for young people has also been progressed.

We have trained 30 schools on using the Assessing Suicide Risk in Kids course, to complement the existing programme of ASIST training for suicide prevention amongst young people aged 14+.

We have trained 12 schools and 12 children's social care staff on using Talking Mats communications tools. We are also working with 20 primary schools to develop a whole school wellbeing measurement programme.

We have expanded the trial of the physical activity and wellbeing project from 2 to 6 schools following positive evaluation of the initial pilot.

Healthy Young Minds have embedded a named link worker in each secondary school. Healthy Young Minds have also implemented a mental health supervision offer to the school nursing team.

Schools have been trained to deliver The Hope Group, an evidence based mental wellbeing group programme.

The LGBTQ+ mental health project has been co-designed and produced with young LGBTQ+ people, CAMHS providers and Voluntary Sector partners. Each CAMHS service in Greater Manchester has reviewed itself against the, “You’re Welcome Standards”, which have been reviewed through a rainbow lens which focusses on the experience of young LGBTQ+ people. For example, where the standards state that there should be a welcoming environment, this, “rainbow lens”, version includes reference to staff having a positive pronoun approach to avoid mis-gendering young people.

Following the audit of services against these standards, services have developed action plans for improvement. These will be reviewed by young reviewers who have been trained. 100 CAMHS staff across Greater Manchester will access LGBTQ+ training which has been tailored to their needs from the audit returns. Additionally, young people will visit each service provider and then meet with two staff from each provider to discuss their actions plans, achievement and learning.

This project is designed to improve the experiences of LGBTQ+ people by having better informed services, greater engagement with LGBTQ+ young people. Furthermore many

services are not currently reporting confidence in their monitoring of gender in an inclusive way (including non-binary people) or sexual orientation. Through this project, we aim to build this confidence and establish a baseline to then review access and outcomes from the LGBTQ+ community accessing CAMHS.

In Stockport there is an established Healthy Young Minds Practitioner who provides support to the local Youth Offending Service . The focus of this role includes:

- Liaison between the Youth Offending Service and Healthy Young Minds and ensuring effective support
- Direct work with young people when needed
- Increasing capacity and capability of the Youth Offending Service team in relation to mental health
- Advice and support to the Youth Offending Service team.

The Greater Manchester Youth Justice Mental Health Collaborative Commissioning Network (CCN) project is progressing the following work :

- Improving identification of mental health (including neuro-disabilities) needs of children and young people in contact with the criminal justice system and victims on 4 key pathways
- Enhancing pathways for these vulnerable children and young people who may otherwise face barriers to accessing health and justice services, and develop bespoke solutions that best support the needs of GM children and young people

- Understanding any gaps in provisions and taking steps to close them
- Engaging with the voices of those who are 'experts by experience' to co-design solutions
- Supporting trauma awareness in the workforce, linked to wider work in the Greater Manchester
- Improving integration of services as children and young people transfer to mainstream services, to promote continuity of care
- Enabling cooperation and coordination between services commissioned by different organisations, whilst reducing duplication and delivering efficiencies.

# STRATEGIC AMBITIONS FOR 2020 / 2021 (1)

STRATEGIC AMBITION 2020 / 2021	WHO WILL LEAD	BY WHEN
Embed the Emotional Wellbeing and Mental Health Partnership and ensure effective alignment with other strategic planning workstreams	Director of Public Health	June 2020
Further consider age parameters of the Emotional Wellbeing and Mental Health Partnership	Emotional Wellbeing and Mental Health Partnership	October 2020
Ensure the voice of parents and young people within the Emotional Wellbeing and Mental Health Partnership	Emotional Wellbeing and Mental Health Partnership	June 2020
Further develop the Joint Strategic Needs Assessment in relation to children's and young people's mental health	Public Health Team	December 2020
Conduct further analysis of the needs of vulnerable groups of children and young people including, looked after children, care leavers, children and young people who have had adverse childhood experiences and those who identify as LGBT	Public health team	December 2020
Continue to embed the Thrive approach into local planning	Emotional Wellbeing and Mental Health Partnership	Review March 2021
Establish a single point of access for emotional wellbeing and mental health services	Emotional Wellbeing and Mental Health Partnership	January 2021

# STRATEGIC AMBITIONS FOR 2020 / 2021 (2)

STRATEGIC AMBITION 2020 / 2021	WHO WILL LEAD	BY WHEN
Review and further develop the emotional wellbeing strategy for the school community	Emotional Wellbeing and Mental Health Partnership	December 2020
Develop a workforce development plan that will include a co-ordinated training offer for schools	Emotional Wellbeing and Mental Health Partnership	March 2021
Grow the opportunities to share good practice and design local mental health support and inclusion approaches by beginning cluster based partnerships	Emotional Wellbeing and Mental Health Partnership	December 2020
Gain commitment from local area partners for working in a trauma informed manner	Emotional Wellbeing and Mental Health Partnership	March 2021
Test and evaluate providing advice and consultation around a place, including a school cluster	Pennine Care NHS Foundation Trust	December 2020
Grow and develop the capacity for delivering evidence based support and treatment interventions within school communities	Mental Health in School's Task Group	March 2021



# STRATEGIC AMBITIONS FOR 2020 / 2021 (3)

STRATEGIC AMBITION 2020 / 2021	WHO WILL LEAD	BY WHEN
Improve waiting times for access to specialist assessment and treatment – initially to ensure assessment within 12 weeks and treatment with 18 weeks of referral	Stockport CCG	March 2021
Extend Healthy Young Minds services up to and including age 17	Stockport CCG	March 2021
Conduct a review of age parameters of emotional mental health and mental health services across the system	Emotional Wellbeing and Mental Health Partnership	March 2021
Extend Healthy Young Minds opening hours to align with the Greater Manchester Crisis Care Pathway (8 – 8 weekdays and Saturdays)	Stockport CCG	March 2021
Ensure that the mental health liaison service is all age	Stockport CCG	October 2020
Review local services for children and young people in mental health crisis and ensure effective alignment between the services	Stockport CCG	December 2020
Progress a waiting list initiative for Autism assessment and diagnosis and ensure that those currently waiting receive a timely service	Pennine Care NHS Foundation Trust	October 2020

# STRATEGIC AMBITIONS FOR 2020 / 2021 (4)

STRATEGIC AMBITION 2020 / 2021	WHO WILL LEAD	BY WHEN
Ensure the resilience of the Autism assessment and diagnosis service going forward and ensure that children and young people start assessment within 3 months of referral to the specialist service and that assessment and diagnosis is completed within 6 months of referral	Stockport CCG	Review March 2021
Progress a waiting list initiative for assessment and treatment of ADHD receive a timely service	Stockport NHS Foundation Trust	December 2020
Ensure the resilience of ADHD assessment and treatment service going forward and ensure are assessed within 12 weeks of referral, start treatment within 18 weeks of referral and have review appointments within clinically appropriate timescales	Stockport CCG	Review March 2021
Develop a scope and vision for delivery of support for children and young people with neuro-developmental conditions and establish a planning process to take this forward	Stockport CCG	December 2020
Commission a voluntary sector emotional wellbeing service	Stockport CCG	March 2021
Embed the multi-agency-agency Infant Parent Mental Health Pathway into local practice	Infant Parent Mental Health Task Group	March 2021

# STRATEGIC AMBITIONS FOR 2020 / 2021 (4)

STRATEGIC AMBITION 2020 / 2021	WHO WILL LEAD	BY WHEN
Develop a system wide approach to measuring outcomes in relation to children and young people's mental health including vulnerable groups	Emotional Wellbeing and Mental Health Partnership / SEND Board	March 2021
Develop a system wide approach to measuring outcomes in relation to children and young people's mental health including vulnerable groups	Emotional Wellbeing and Mental Health Partnership / SEND Board	March 2021
Commission additional psychology capacity in Healthy Young Minds to provide consultation and interventions for looked after children who are placed in Stockport by areas outside of Greater Manchester	Stockport CCG	January 2021
Scope the need for specialist mental health interventions for looked after children who are placed in Stockport by areas outside of Greater Manchester and identify options for meeting this need	Stockport CCG / Pennine Care NHS Foundation Trust	March 2021